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اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ ، اللَّهُمَّ اغْصِمْنِي مِنَ الشَّيْطَانِ الرَّجِيمِ

“O Allah, I ask for Your favor, O Allah

Protect me from Satan the outcast”

Allaahumma ‘innee ‘as’aluka min fadhlik

Allaahumma’simnee minash-Shaytaanir-rajeem

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Invocations before eating

When anyone of you begins eating, say:

Bismillaah. بِسْمِ اللّٰهِ

“In the Name of Allâh.”

And if you forget then, when you remember, say:

«بِسْمِ اللّٰهِ فِيْ اَوَّلِهِ وَاٰخِرِهِ»

Bismillaahi fee awwalihi wa aakhirihi.

“In the Name of Allâh, in the beginning and in the end.”

Whomever Allâh has given food, should say:

«اللّٰهُمَّ بَارِكْ لَنَا فِيْهِ وَاَطْعِمْنَا خَيْرًا مِنْهُ»

Allaahumma baarik lanaa feehi wa at'imnaa khairan minhu.

“Oh Allâh, bless us in it and provide us with better than it.”

Whomever Allâh has given milk to drink, should say:

«اللّٰهُمَّ بَارِكْ لَنَا فِيْهِ وَزِدْنَا مِنْهُ»

Allaahumma baarik lana feehi wa zidnaa minhu.

“Oh Allâh, bless us in it and give us more of it.”

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ رَبِّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ
خَيْرَ هَذَا الْيَوْمِ: فَتْحَهُ، وَنَصْرَهُ وَنُورَهُ، وَبَرَكَتَهُ، وَهُدَاهُ وَأَعُوذُ بِكَ مِنْ

(Abu Dawud, Ibn Al-Qayyim, Zadul- Ma'ad)

شَرِّ مَا فِيهِ وَشَرِّ مَا بَعْدَهُ

"We have entered a new day and with it all the dominion which belongs to Allah, Lord of all that exists. O Allah, I ask You for the goodness of this day, its victory, its help, its light, its blessings, and its guidance. I seek refuge in You from the evil that is in it and from the evil that follows it."

'Asbahnaa wa 'asbahal-mulku lillaahi Rabbil-'aalameen,
Allaahumma 'innee 'as'aluka khayra haathal-yawmi:
Fathahu wa nasrahu wa noorahu, wa barakatahu, wa
hudaahu, wa'a'oothu bika min sharri maafeehi
wa sharri maa ba'dahu

Invocations for the setting of a debt

«اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ وَأَغْنِنِي بِفَضْلِكَ عَمَّنْ سِوَاكَ»

Allaahum- makfinee bi halaalika 'an haraamika wa aghninee bifadhlika 'amman siwaaka.

Oh Allâh, suffice me with what You have allowed instead of what You have forbidden, and make me independent of all others besides You.

«اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَالْعَجْزِ وَالْكَسَلِ،
وَالْبُخْلِ وَالْجُبْنِ، وَضَلَعِ الدَّيْنِ وَغَلَبَةِ الرِّجَالِ».

Allaahumma innee a'uthu bika minal-hammi wal-hazani, wal-'ajzi wal-kasali, wal-bukhli wal-jubni, wa dhala'id-daini wa ghalabatir-rijaali.

Oh Allâh, I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people).

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أَعُوذُ بِاللّٰهِ مِنَ الْكُفْرِ وَالذَّيْنِ ط انسائي، ابن حبان

**A'oothu bil-laahi minal-
kufri wad-dayn**

***I seek refuge in ALLAH
from disbelief and debts***

(Nissai,
Ibn e Haban)

میں کفر اور قرض سے اللہ کی پناہ مانگتا ہوں

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أَنِّي مَغْلُوبٌ فَأَنْصِرْ

*"Indeed, I am overpowered,
so help (me)"*

**Annee maghloobun
fantasir**

Surah Al-Qamar, verse 10

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وَأَجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

*"And make me one of the inheritors
of the Garden of Delight"*

Waj'alnee min warathati jannatin-na'eem

Surah Ash-Shu'ara ,verse 85

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Dua for Protection from **STRESS**, **HUNGER**, **Disgrace**, **INJUSTICE**

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنَ الْفَقْرِ وَالْفَاقَةِ وَالذِّلَّةِ وَاعُوْذُ بِكَ مِنْ اَنْ اُظْلِمَ اَوْ اُظْلَمَ

*"O Allah, I seek refuge in You from **stress** and **hunger** and **humiliation** and I seek refuge in You lest I abuse others or be abused"*

Allaahumma inni a'uthubika
minal-faqri wal faaqati waz-zillati, wa
a'uthubika min an adhlima aw udhlama

اے اللہ! بیشک میں تیری پناہ لیتا ہوں فقر و فاقہ اور ذلت و خواری سے اور تیری پناہ لیتا ہوں اس سے کہ میں کسی پر ظلم کروں یا مجھ پر ظلم کیا جائے (کوئی ظلم کرے) (البوراء و نزہۃ، ابن ماجہ عن ابی ہریرۃ رض)

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اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَغَلَبَةِ الْعَدُوِّ
وَشِمَاتَةِ الْأَعْدَاءِ ط (ابن حبان، عن عبد الله بن عمرو ر)

"O Allah, I seek refuge in You from the **BURDEN OF DEBT**, from being overpowered by my **enemies** and from the **mockery** of [triumphant] **enemies**"

Allaahumma inni a'uthubika
min ghalabatid-dayni wa
ghalabatil-'aduwwi wa shamatatil-'adaa

اے اللہ! میں قرض کے بوجھ، دشمن کے غلبہ اور دشمنوں کی ہنسی سے تیری پناہ چاہتا ہوں۔

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«اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي، وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي، وَآمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ، وَمِنْ خَلْفِي، وَعَنْ يَمِينِي، وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي

"O Allah, I seek Your forgiveness and Your protection in this world and the next.

O Allah, I seek Your forgiveness and Your protection in my religion, in my worldly affairs, in my family and in my wealth.

O Allah, conceal my secrets and preserve me from anguish. O Allah, guard me from what is in front of me and behind me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me. "

Allaahumma 'innee 'as'alukal-'afwa wal'aafiyata fid-dunyaa wal'aakhirati,
Allaahumma 'innee 'as'alukal-'afwa wal'aafiyata fee deenee wa dunyaaya wa 'ahlee,
wa maalee, Allaahum-mastur 'awraatee, wa 'aamin raw'aatee, Allaahum-mahfadhnee
min bayni yadayya, wa min khalfee, wa 'an yameenee, wa 'an shimaalee, wa min
fawqee, wa 'a'oothu bi'adhamatika 'an 'ughtaala min tahtee (Ibn Majah, Abu Dawud)

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اللَّهُمَّ إِنِّي أَسْأَلُكَ إِيمَانًا لَا يَرْتَدُّ وَنَعِيمًا لَا يَنْفَدُ ، وَمُرَافَقَةً نَبِيِّنَا صَلَّى اللَّهُ عَلَيْهِ
وَسَلَّمَ فِي أَعْلَى دَرَجَةِ الْجَنَّةِ الْجَنَّةِ الْخُلْدِ (حاكم، نسائي، عن ابن مسعود ر)

" O Allah, I ask You for the **FAITH** that does not falter
and **BLESSINGS** that never end and I beseech You for
the company of Prophet Mohammad [Peace be upon him]
in the high ranks of **Jannah** , Garden of Eternity"

Allaahumma innee as'aluka eemaanana laa yartad,
wa na'eeman laa yanfad, wa murafaqata nabbiyyina
Sallal laahoo alaihi wassallama fee a'laa
darajaatil-jannati jannatil-khuld

اے اللہ! میں تجھ سے ایسا ایمان مانگتا ہوں جو اپنی جگہ سے نہ ہٹے اور ایسی نعمت مانگتا ہوں جو ختم نہ ہو اور جنت
کے اعلیٰ درجہ یعنی جنت خلد میں رسول اللہ صلی اللہ علیہ وسلم کی رفاقت کی درخواست کرتا ہوں

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اللَّهُمَّ مَتِّعْنِي بِسَمْعِي وَبَصَرِي وَاجْعَلْهُمَا الْوَارِثَ مِنِّي وَأَنْصُرْنِي عَلَى مَنْ يَظْلِمُنِي
وَاخْذُ مِنْهُ بِثَأْرِي ط (ترمذی، بزار عن ابی ہریرہ رض)

**"O Allah, benefit me from my hearing
and my sight and make them my heirs
[i.e., keep them strong until I die], and
grant me victory over those who wronged me,
and take revenge from them"**

**Allahumma mattini bi sam'ee, wa basari,
waj-'alhumal-waritha minni, wansurni alaa
man yadhlimuni wa khuth minhu bi tha'ri**

اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِكَ مِنْ عِلْمٍ لَا یَنْفَعُ وَعَمَلٍ لَا یُرْفَعُ وَقَلْبٍ لَا یَخْشَعُ وَقَوْلٍ لَا یُسْمَعُ

Allaahumma inni a'uthubika min ilmin laa yanfaoo, wa amalin

la yurfaoo, wa qalbin la yakhshaaoo, wa qawlin la yusmaaoo

"O Allah, I seek refuge in You from the **knowledge** that does not benefit and the **deed** that does not get accepted and a **heart** that does not fear You and **words** that are not heard"

ترجمہ: اے اللہ! میں تجھ سے پناہ مانگتا ہوں اس علم سے جو نفع نہ پہونچائے اور اس عمل سے جو (تیری بارگاہ میں) قبول نہ ہو اور اس دل سے جس میں تیرا خوف نہ ہو، اور اس بات سے جو سنی نہ جائے۔ (حاکم، ابن حبان، عن انس رض)

فَهَبْ لِي مِنْ لَدُنْكَ وَلِيًّا ۝ وَاجْعَلْهُ رَبِّ رَضِيًّا ۝

Fahab lee min ladunka waliyyaa

Waj'ahu rabbi radiyyaa

So, Give me from Yourself an

Heir and Make him, my Lord

pleasing (to You)

Surah Maryam ,verses 5-6

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اللَّهُمَّ لَا تَدَعْ لِي ذَنْبًا إِلَّا غَفَرْتَهُ وَلَا هَمًّا إِلَّا فَرَّجْتَهُ وَلَا دَيْنًا إِلَّا قَضَيْتَهُ وَلَا حَاجَةً مِّنْ

حَوَائِجِ الدُّنْيَا وَالْآخِرَةِ إِلَّا قَضَيْتَهَا يَا أَرْحَمَ الرَّاحِمِينَ ط (طبرانی فی الكبير عن انس) Tabrani, narrated by Anas (R.A)

*O Allah, do not leave any of our **SINS** which You do not forgive, and do not leave any of our **WORRIES** which You do not remove and do not leave any of our **DEBTS** unsettled and do not leave any of our **NEEDS** that You do not fulfill in this world and in the hereafter.*

*You are the **Most Merciful** of the merciful ones*
Allaahumma la tada' li thamban illa ghafartahu walaa
ham-man illa far-rajtahu wa laa daynan illa
qadhaitahu walaa haajatan-min-hawaijid-dunya
wal-aakhirati illa qadhaitaha **Yaa Arhaamar-Raahimeen**

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بِسْمِ اللَّهِ وَاللَّهُ أَكْبَرُ [اللَّهُمَّ مِنْكَ وَلَكَ] اللَّهُمَّ تَقَبَّلْ مِنِّي

**Bismillaahi wallaahu 'Akbar [Allaahumma minka
wa laka] Allaahumma taqabbal minnee**

*"With the Name of Allah, Allah is the Most Great! [O Allah,
from You and to You.] O Allah, accept it from me."*

Dua for sacrificing an animal



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"Dua from the Quran"

Surah Al-Baqarah, verse 201

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

*Rabbana aatina fiddunya hasanatan wa fil aakhirati
hasanatan waqina azaabannaar*

*"Our Lord ! grant us good in this world and good in the
hereafter and save us from the
torment of the fire "*

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Supplication from the Quran

رَبَّنَا عَلَيْكَ تَوَكَّلْنَا وَإِلَيْكَ أَنَبْنَا وَإِلَيْكَ الْمَصِيرُ

Rabbana alayka tawakkalna wailayka anabna wailaykal maseer

"Our Lord ! on Thee do we rely, and to Thee do we turn, and to

Thee is the end of all journeys"

Surah Al-Mumtahinah, Verse 4

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Invocation for going to the mosque

«اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا، وَفِي لِسَانِي نُورًا، وَفِي سَمْعِي نُورًا،
وَفِي بَصَرِي نُورًا، وَمِنْ فَوْقِي نُورًا، وَمِنْ تَحْتِي نُورًا، وَعَنْ يَمِينِي نُورًا،
وَعَنْ شِمَالِي نُورًا، وَمِنْ أَمَامِي نُورًا، وَمِنْ خَلْفِي نُورًا، وَاجْعَلْ فِي نَفْسِي
نُورًا، وَأَعْظِمْ لِي نُورًا، وَعَظِّمْ لِي نُورًا، وَاجْعَلْ لِي نُورًا، وَاجْعَلْنِي
نُورًا، اللَّهُمَّ أَعْطِنِي نُورًا، وَاجْعَلْ فِي عَصَبِي نُورًا، وَفِي لَحْمِي نُورًا،
وَفِي دَمِي نُورًا، وَفِي شَعْرِي نُورًا، وَفِي بَشَرِي نُورًا» [اللَّهُمَّ اجْعَلْ لِي
نُورًا فِي قَبْرِي . . وَنُورًا فِي عِظَامِي] «[وَزِدْنِي نُورًا، وَزِدْنِي نُورًا،
وَزِدْنِي نُورًا] [وَهَبْ لِي نُورًا عَلَى نُورٍ]».

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Allaahmmaj'al fee qalbee nooran, wa fee lisaanee nooran, wa fee sam'ee nooran, wa fee basaree nooran, wa min fauquee nooran, wa min tahtee nooran, wa 'an yameenee nooran, wa 'an shimaalee nooran, wa min amaamee nooran, wa min khalfee nooran, waj'al fee nafsee nooran, wa a'dhim lee nooran, wa 'adhdhim lee nooran, waj'al lee nooran, waj'alnee nooran, Allaahum-ma a'tinee nooran, waj'al fee 'asabe nooran, wa fee lahmee nooran, wa fee damee nooran, wa fee sha're nooran, wa fee basharee nooran. [Allaahum-maj'al lee nooran fee qabree... wa nooran fi 'idhaamee]. [Wa zidne nooran, wa zidne nooran, wa zidnee nooran]. [Wa hab lee nooran 'alaa noor].

Oh Allâh, place light in my heart, and on my tongue light, and in my ears light and in my sight light, and above me light, and below me light, and to my right light, and to my left light, and before me light and behind me light. Place in my soul light. Magnify for me light, and amplify for me light. Make for me light and make me a light. Oh Allâh, grant me light, and place light in my nerves, and in my body light and in my blood light and in my hair light and in my skin light. [Oh Allâh, make for me a light in my grave... and a light in my bones]. [Increase me in light, increase me in light, increase me in light]. [Grant me light upon light].

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"Dua of Prophet Yunus"

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

Laa 'ilaaha 'illaa 'Anta subhaanaka

'innee kuntu minadh-dhaalimeen

There is none worthy of worship

but You, glory is to You.

Surely, I was among the wrongdoers

Surah Al-Anbiya, verse 87

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“Dua for entering the Masjid”

«أَعُوذُ بِاللَّهِ الْعَظِيمِ، وَبِوَجْهِهِ الْكَرِيمِ، وَسُلْطَانِهِ الْقَدِيمِ، مِنَ الشَّيْطَانِ الرَّجِيمِ»
[بِسْمِ اللَّهِ، وَالصَّلَاةُ][وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ] اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

“I seek refuge in Almighty Allah, by His Noble Face, by His primordial power, from Satan the outcast. [In the Name of Allah, and blessings.]

[And peace be upon the Messenger of Allah.]

O Allah, open before me the doors of Your mercy.

‘A’oothu billaahil-‘Adheem, wa bi-Wajhihil-Kareem, wa

Sultaanihil-qadeem, minash-Shaytaanir-rajeem.

[Bismillaahi, wassalaatu] [Wassalaamu ‘alaa Rasoolillaah]

Allaahum-maftah lee ‘abwaaba rahmatik

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Dua (Supplication) of Prophet Musa

رَبِّ اِنِّى لِمَا اَنْزَلْتَ اِلَىَّ مِنْ خَيْرٍ فَقِيْرٌ

*Rabbi innee limaa anzalta ilayya min
khayrin faqeer*

*" O my Lord ! Truly I am in need of whatever
good You bestow on me "*

Surah Al-Qasas ,verse 24

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Dua for the **BEGINNING** of the **PRAYER**

«اللَّهُمَّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ،
اللَّهُمَّ نَقِّنِي مِنْ خَطَايَايَ، كَمَا يُنْقَى الثَّوْبُ الْأَبْيَضُ مِنَ الدَّنَسِ، اللَّهُمَّ
اغْسِلْنِي مِنْ خَطَايَايَ بِالْثَّلْجِ وَالْمَاءِ وَالْبَرَدِ».

Al-Bukhari 1/181
Muslim 1/419

*Allaahumma baa'id bainee wa baina khataayaaya kamaa baa'adta
bainal mashriqi wal maghribi, Allaahumma naqqinee min khataayaaya
kamaa yunaqqath thawbul abyadhu minaddanasi Allaahummagh
silnee min khataayaaya bith-thalji wal maa'ee wal barad*

*Oh Allah, separate me from my sins as You have separated the East from
the West. Oh Allah, cleanse me of my transgressions as the white garment
is cleansed of stains. Oh Allah, wash away my sins with ice & water & frost.*

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رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَثَبِّتْ أَقْدَامَنَا
وَأَنْصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ﴿٢٥٠﴾

Rabbanaa afrigh 'alaynaa sabran wathabbit

aqdaamanaa wansurnaa 'alal-qawmil-kaafireen

*"Our Lord ! Pour down upon us patience and make
our steps firm & assist us against the unbelieving people"*

Surah Al-Baqarah, verse 250

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رَبِّ اغْفِرْ لِي وَلِإِخِي وَأَدْخِلْنَا فِي رَحْمَتِكَ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

Rabbi ighfir lee waliakhee wa adkhilna fee rahmatika wa
anta arhamur raahimeen (Surah Al-A'raaf, verse 151)

*"My Lord ! forgive me and my brother and admit us into Your
mercy, and You are the most Merciful of those who show mercy*

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Invocation for leaving the mosque

«بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ
فَضْلِكَ، اللَّهُمَّ اغْصِمْنِي مِنَ الشَّيْطَانِ الرَّجِيمِ».

*Bismillaahi was-salaatu was-salaamu 'alaa Rasoolillaahi,
Allaahum-ma innee as'aluka min fadhlika, Allaahumm a'simnee
minash-shaitaanir-rajeem.*

In the Name of Allâh, and peace and blessings be upon the
Messenger of Allâh. Oh Allâh, I ask for Your favor, Oh Allâh, protect
me from Satan the outcast.

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“ DUA FOR ALLAH'S LOVE ”

اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ وَحُبَّ مَنْ يُحِبُّكَ وَالْعَمَلَ الَّذِي
يُبَلِّغُنِي حُبَّكَ ۝ اللَّهُمَّ اجْعَلْ حُبَّكَ أَحَبَّ إِلَيَّ مِنْ نَفْسِي
وَأَهْلِي وَمِنَ الْمَاءِ الْبَارِدِ ۝ (ترمذی، حاکم عن ابی الدرداء)

[At- Tirmidhi].

Allaahumma innee as'aluka hubbaka. Wa hubbaman
yuhibbuka. Wal 'amal al-ladhi yuballighuni hubbaka.
Allaahumma aj'al hubbaka ahabba ilayya. min-nafsi.
wa-ahli. wa minal-maa'il-baarid

Translation

“O Allah! I ask You for Your Love and the love of those who
love You, and deeds which will cause me to attain Your
Love. O Allah! Make Your Love dearer to me than myself,
my family and the cold water”

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"Dua for Guidance"

اَللّٰهُمَّ اهْدِنِيْ وَسَدِّدْنِيْ

Allaahummah-dini wa sad-didni

*"O Allah! Guide me and make me adhere
to it (the Straight Path)"*

ترجمہ: یا اللہ! تو مجھے ہدایت دیدے اور مجھے اس پر ثابت قدم (بھی) رکھیو۔

[Muslim]

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Surah
Al-Baqarah,
(verse 127)

رَبَّنَا اقْبَلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Rabbana taqabbal minna innaka antas -samee'ul 'aleem

" Our Lord ! accept (this service) from us.

Indeed You are the Hearer , the Knower "

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اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ مُنْكَرَاتِ الْأَخْلَاقِ وَالْأَعْمَالِ
وَالْأَهْوَاءِ وَالْأَدْوَاءِ (ترمذی، حاکم، عن قطبہ بن مالک ر)

Allahummaa inni a'udhu bika min munkarati-
akhlaaqi, wal-a'maali, wal- ahwaa'i, wal-adwaa

*"O Allah! I seek refuge in You from undesirable
manners and deeds and desires and diseases"*

اے اللہ! میں تیری پناہ چاہتا ہوں بُرے اخلاق و اعمال و خواہشات اور
امراض سے (تو مجھے ان سب سے محفوظ رکھیو)۔ [At-Tirmidhi]

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Surah
Al-Baqarah
(verse 128)

رَبَّنَا وَاجْعَلْنَا مُسْلِمِينَ لَكَ وَمِنْ ذُرِّيَّتِنَا أُمَّةً مُسْلِمَةً لَكَ
وَأَرِنَا مَنَاسِكَنَا وَتُبْ عَلَيْنَا إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

Rabbana waj'alnaa muslimayni laka wamin thurriyyatina ummatan muslima
tan laka wa arina manasikana watub alayna innaka antat tawwabur raheem

*"Our Lord ! and make us Muslims [in submission] to You and from our
descendants a Muslim nation [in submission] to You and show us our rights
and accept our repentance. Indeed, You are the Oft-Returning, the Merciful "*

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Allaahumma
inni a'udhu
bika min zawali
ni'matika, wa

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَافِيَتِكَ وَ
فُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ سَخَطِكَ (مسلم ۲۵۲۰، ابوداؤد ۲۷۲۰ عن ابن عمر)

tahawwuli 'afiyatika, wa fujaa'ati niqmatika, wa jami'i sakhatika

*"O Allah! I seek refuge in you from the declining of Your Favours,
alteration of Your Protection, sudden infliction of Your punishment
and from all forms of Your wrath"*

اے اللہ! بیشک میں تیری پناہ لیتا ہوں تیری (دی ہوئی ہر) نعمت کے زوال سے۔ اور تیری (دی ہوئی)
صحت و عافیت کے تغیر سے۔ اور تیری ناگہانی پکڑ سے اور تیری تمام تر ناراضگیوں (اور ہر غصہ) سے۔

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رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاءِ

*Rabbi ij'alnee muqeemas-salaati wamin
thurriyyatee rabbanaa wataqabbal du'aa*

*"O my Lord ! make me one who establishes
regular prayer and (also) from my offspring.*

Our Lord ! and accept my invocation "

(Surah Ibrahim, verse 40)

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"Dua for Guidance and Steadfastness"

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ وَرَبِّ الْعَالَمِينَ
اے دلوں کو پلٹ دینے والے! تو میرے دل کو اپنے دین پر ثابت قدم رکھ۔

Ya muqallibal-qulubi, thabbit qalbi 'ala deenik

*"O Controller of the hearts, make my
heart steadfast in Your religion"*

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Dua from the Quran

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

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*Rabbana ighfirli waliwaaalidayya walil
mu'mineena yawma yaqoomul hisaab*

*" Our Lord! forgive me and my parents and the believers
on the day when the reckoning will be established "*

Surah Ibrahim, verse 41

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Dua (Supplication) for ENTERING THE HOME

١٨- «بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى رَبِّنَا تَوَكَّلْنَا، ثُمَّ لِيُسَلِّمْ
عَلَى أَهْلِهِ».

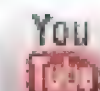
Abu Dawud 4/325

**Bismillaahi walajnaa wa bismillaahi kharajnaa
wa alaa rabbana tawakkalnaa**

*In the Name of Allah we enter, in the Name of Allah
we leave, and upon our Lord we depend [then say
As-Salaamu Alaykum to those present]*

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(Surah Taha)

verse 114

رَبِّ زِدْنِي عِلْمًا

Rabbi zidnee ilma

" My Lord ! increase me in knowledge "

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"Dua for leaving the House"

١٧- «اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلَّ، أَوْ أَضِلَّ، أَوْ أَزِلَّ، أَوْ أَزِلَّ، أَوْ أَظْلِمَ، أَوْ أَظْلَمَ، أَوْ أَجْهَلَ، أَوْ يُجْهَلَ عَلَيَّ» . facebook.com/islamicdua

*Allaahumma innee a'oothubika an adhilla, aw udhalla,
aw azilla, aw uzalla, aw adhlima, aw udhlama,
aw ajhala aw yujhala 'alayya*

*" Oh Allah, I seek refuge in You lest I misguide others or I am
misguided by others, lest I cause others to err or I am caused to err
lest I abuse others or be abused and lest I behave foolishly or meet
with the foolishness of others "*

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"Dua for SUCCESS"

رَبِّ أَدْخِلْنِي مُدْخَلَ صِدْقٍ وَأَخْرِجْنِي مَخْرَجَ صِدْقٍ وَاجْعَلْ لِي مِنْ لَدُنْكَ
سُلْطٰنًا نَّصِيرًا
(Surah Al-Isra ,verse 80)

*Rabbi adkhillnee mudkhala sidqin wa akhrijnee mukhraj
sidqin waj'al lee min ladunka sultanan naseera*

*" My Lord, grant me an entrance of sincerity and an exit of
sincerity and grant me from Yourself a victorious power "*

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Beautiful dua from the hadith

Muslim narrated by Zaid bin Arqam

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"O Allah! I seek REFUGE in You from the INABILITY (to do good), INDOLENCE, COWARDICE, miserliness, DECREPITUDE and TORMENT of the GRAVE. O Allah! Grant me the sense of PIETY and PURIFY MY SOUL as You are the Best to purify it. You are its Guardian and its Protector. O Allah! I seek refuge in You from the KNOWLEDGE which is not beneficial, and from a HEART which does not fear (You), and from DESIRE which is not satisfied, and from PRAYER which is not answered"

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَالْجُبْنِ وَالْبُخْلِ وَالْهَرَمِ
وَعَذَابِ الْقَبْرِ اللَّهُمَّ آتِ نَفْسِي تَقْوَاهَا وَزَكِّهَا أَنْتَ
خَيْرُ مَنْ زَكَّاهَا أَنْتَ وَلِيِّهَا وَمَوْلَاهَا اللَّهُمَّ إِنِّي أَعُوذُ
بِكَ مِنْ عِلْمٍ لَا يَنْفَعُ وَمِنْ قَلْبٍ لَا يَخْشَعُ وَمِنْ نَفْسٍ لَا
تَسْبَعُ وَمِنْ دَعْوَةٍ لَا يُسْتَجَابُ لَهَا هَذَا بِحَدِيثٍ نَزَلَ عَنْ زَيْدِ بْنِ أَرْقَمٍ

"Allahumma inni a'udhu bika minal-'ajzi wal-kasali, wal-jubni wal-bukhli wal-harami, wa 'adhabil-qabr. Allahumma ati nafsi taqwaha, wa zakkiha Anta khairu man zakkaha, Anta waliyyuha wa maulaha. Allahumma inni a'udhu bika min 'ilmin la yanfau', wa min qalbin la yakhsha'u, wa min nafsin la tashba'u, wa min da'watin la yustajabu laha "

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" Supplication from the Quran "

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ سِئِينَا أَوْ أَخْطَانَا

Rabbana la tu akhithna innaseenaa aw akhtaana

*" Our Lord ! take us not to task if we forget
or fall into error "*

Surah Al-Baqarah ,verse 286

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" Dua from the Quran "

Dua 7

Surah

Al-

Baqarah

رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إِصْرًا كَمَا
حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا

Verse
286

Rabbanaa walaa tahmil 'alaynaa isran kamaa

hamaltahu 'alal-latheena min qablinaa

*" Our Lord ! do not lay on us a burden as Thou
did lay upon those before us "*

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Dua (Supplication) from the Quran

***Surah
Al-Baqarah***

Verse

286

رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ
وَاعْفُ عَنَّا وَاعْفِرْ لَنَا وَارْحَمْنَا إِنَّكَ مَوْلَانَا
فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ۝

***Rabbana wala tuhammilna maa laa taaqata lana bihi
wa'fu anna waghfirlanaa warhamnaa anta
mawlaana fansurna alal qawmil kaafireen***

***"Our Lord ! Impose not on us that which we have not the strength to
bear. And pardon us; and forgive us; and have mercy upon us.
You are our protector, so give us victory over the disbelieving people."***

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"Dua for leaving the House"

«بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ»

*Bismillaahi tawakkaltu alallaahi wa laa hawla
wa laa quwwata illaa billaah*

*In the name of Allah, I have placed my trust in Allah,
there is no might and no power except by Allah*

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رَبَّنَا إِنَّنَا أَمْنَا فَأَغْفِرْ لَنَا ذُنُوبَنَا وَقِنَا عَذَابَ النَّارِ

Rabbanaa innanaa aamannaa faghfir lanaa

thunoobanaa waqinaa 'athaaban-naar

Our Lord! surely we believe, so forgive us our sins

and save us from the punishment of the fire

Surah Al-Imran, verse 16

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اللَّهُمَّ زِدْنَا وَلَا تَنْقُصْنَا وَآكِرْمْنَا وَلَا تُهِنَّا وَأَعْظِمْنَا وَلَا تَحْرِمْنَا وَلَا تُؤْثِرْ

عَلَيْنَا وَأَرْضْنَا وَارْضَ عَنَّا (ترمذی، حاکم بن حازم و ثوبان)

(Tirmidhi, Hakim)

Allahumma zidna wala tanqusna, wa akrimna wala tuhinna, wa atina wa
la tahrinna, wa athirna wa la tu'thir alayna, wa ardhina war-dha anna

*"O Allah! Increase us [in Your Blessings and rewards] and do not
decrease us, HONOUR us and do not humiliate us, give us [from Your
Gifts] and do not deprive us, be in FAVOUR of us and not against us,
and make us satisfied and be satisfied with us."*

اے ہمارے اللہ! تو ہماری نیکیوں میں اضافہ فرما اور کمی نہ فرمائو۔ اور تو ہمیں عزت عطا فرما اور ذلیل
و خوار ہونے سے بچائیو اور تو ہمیں اپنی نعمتیں عطا فرما اور محروم نہ کیجیو اور ہمیں ہی ترجیح دیجیو اور ہم پر کسی
اور کو ترجیح نہ دیجیو اور تو ہم کو بھی راضی کر دے اور تو بھی ہم پر راضی ہو۔

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Dua of Prophet Ayub

Surah Al-Anbiya
verse 83

أَنِّي مَسَّنِيَ الضُّرُّ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

Annee massaniyad-durru wa anta arhamur-raahimeen

*"Indeed, harm has afflicted me,
and You are the Most Merciful of all
those who show mercy"*

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"Dua for Protection from BAD TIMES"

Allaahumma inni
a'uthubika min
yaumis-soo, wa
min laylatis-soo,
wa min saa'atis-
soo, wa min
jaaris-sooee fee
daaril muqaama

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنْ يَّوْمٍ شَرٍّ وَّ مِنْ لَّيْلَةٍ شَرٍّ وَّ
مِنْ سَاعَةٍ شَرٍّ وَّ مِنْ جَارٍ شَرٍّ فِىْ دَارِ الْمَقَامَةِ

اے اللہ! بیشک میں تیری پناہ لیتا ہوں بُرے دن سے، اور بُری رات سے، اور بُری
گھڑی سے، اور قیام کی جگہ (وطن) کے بُرے ہمسایہ سے۔ (جامع صغیر ص ۹۰ عن عقبہ بن عامرؓ)

"O Allah, indeed I seek refuge in You from a BAD DAY and a
bad night and a bad time and from having a bad neighbour
near my place of residence"

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Dua for PROTECTION from HELL

Surah
Al-Furqan

verses

65-66



رَبَّنَا أَصْرِفْ عَنَّا عَذَابَ جَهَنَّمَ إِنَّ عَذَابَهَا
كَانَ غَرَامًا ۖ إِنَّهَا سَاءَتْ مُسْتَقَرًّا وَمُقَامًا

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Rabbana isrif anna athaba jahannama inna athabaha kana

gharama (66) Innaha saat mustaqarran wamuqama

" Our Lord ! turn away from us the punishment of Hell.

Indeed its punishment is ever adhering. Surely it is an evil

abode and (evil) place to stay "

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Ayatul Kursi اِيَةُ الْكُرْسِيِّ

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ

اللہ (وہ ہے کہ) اس کے سوا کوئی معبود نہیں، زندہ ہے (کارخانہ عالم کو) قائم رکھنے والا ہے، نہ اس کو

سِنَةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا

اُونگھ آتی ہے اور نہ نیند۔ اس کا ہے جو کچھ آسمانوں میں ہے اور جو کچھ

فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ

زمین میں ہے۔ کون ہے جو اس کی اجازت کے بغیر اس کی جناب میں

إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا

(کسی کی) سفارش کرے وہ جانتا ہے جو کچھ ان کے آگے ہے اور جو کچھ ان کے

خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا

پچھے ہے۔ اور لوگ اس کی معلومات میں سے کسی چیز پر احاطہ نہیں کر سکتے مگر

بِمَآ شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ

جتنی وہ چاہے۔ اس کی کرسی آسمانوں اور زمین پر حاوی ہے۔

وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

اور ان کی حفاظت اس کو تھکاتی نہیں۔ اور وہ عالی شان عظمت والا ہے۔

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Dua from the Quran

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

*Rabbana thalamna anfusana wain lam taghfir lana
watarhamna lanakoonanna minal khasireen*

*" Our Lord! we have wronged ourselves and if You do
not forgive us and have mercy upon us, we will surely
be among the losers"*

Surah Al-A'raf, verse 23

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رَبَّنَا اغْفِرْ لَنَا ذُنُوبَنَا وَإِسْرَافَنَا فِي أَمْرِنَا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

*Rabbana ighfir lana thunoobana wa israfana fee amrina wa
thabbit aqdamana wansurnaa qawmil kaafireen*

"Our Lord! forgive us our sins & our transgressions, establish
our feet firmly and help us against the disbelieving folk"

Surah Al-Imran, verse 147

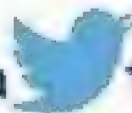
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Surah Taha

verses

25-28

رَبِّ اَشْرَحْ لِي صَدْرِي ﴿٢٥﴾ وَيَسِّرْ لِي اَمْرِي ﴿٢٦﴾
وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِي ﴿٢٧﴾ يَفْقَهُوا قَوْلِي ﴿٢٨﴾

(25) Rabbi ishrah lee sadree (26) Wayassir lee amree

(27) Wahlul uqdatan min lisanee (28) Yafqahoo qawlee

*"O my Lord! open my chest for me and make my task easy for me &
untie the knot from my tongue so that they understand my speech"*

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Dua(Supplication) from the Quran

﴿رَبَّنَا لَا تَجْعَلْنَا مَعَ الْقَوْمِ الظَّالِمِينَ﴾ (الاعراف- ٤٧)

”اے ہمارے رب! ہم کو ان ظالم لوگوں کے ساتھ شامل نہ کر۔“

**Rabbanaa laa taj'alnaa ma'al
qawmidh-dhaalimeen**

Our Lord ! place us not with the unjust

Surah Al-A`raf, verse 47

رَبَّنَا آتِنَا مِنْ لَدُنْكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

*" Our Lord ! grant us mercy from Thee and provide for us a right
course in our affair "* (Surah Al-Kahf ,verse 10)

Rabbana atina min ladunka rahmatan wahayyi lana min amrina rashada

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Dua 55

Dua of Prophet Musa

Surah Ta-ha رَبَّنَا إِنَّا نَخَافُ أَنْ يُفْرِطَ عَلَيْنَا أَوْ أَنْ يَطْغَى
verse 45

*Rabbanaa innanaa nakhaafu an
yafruta 'alaynaa aw an yatghaa*

*"Our Lord, indeed we fear that he will
hasten [punishment] against us
or that he will transgress"*

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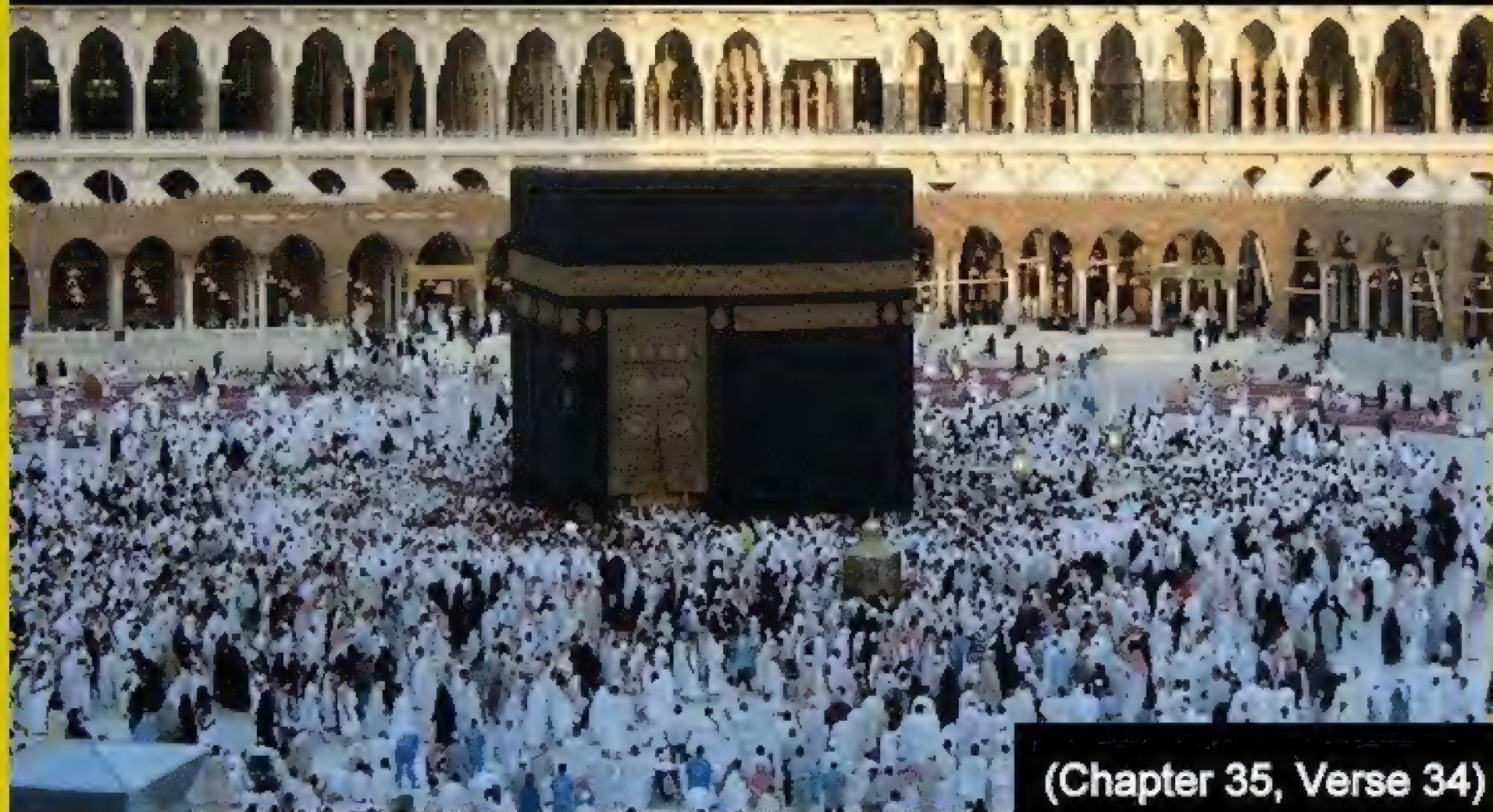


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Alhamdu lillahil-lathee
athhaba 'annal-hazan

الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنَّا الْحَزْنَ إِنَّ رَبَّنَا لَغَفُورٌ شَكُورٌ

inna rabbana laghafoorun shakoor *"Praise belongs to Allah who has removed all
sorrow from us. Indeed, our Lord is the Forgiver, the Multiplier of the rewards"*



(Chapter 35, Verse 34)

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Surah
Al-Anbiya
verse 89

رَبِّ لَا تَذَرْنِي فَرْدًا وَأَنْتَ خَيْرُ الْوَارِثِينَ

*Rabbi laa tatharnee fardan wa anta
khayrul waarithheen*

*"My Lord, do not leave me alone [with no heir],
and You are the Best of inheritors"*

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" Dua from the Quran "

Rabbanaa ma khalaqta hatha baatila subhaanaka faqina azaabannaar

*" Our Lord ! Thou has not created this in vain. Glory be to Thee ! Guard us
against the punishment of the fire "*

رَبَّنَا مَا خَلَقْتَ هَذَا بَاطِلًا سُبْحَانَكَ فَقِنَا

Surah Al-Imran

verse 191

عَذَابِ النَّارِ

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Surah Yusuf

verse 101

رَبِّ فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ أَنْتَ وَلِيِّ فِي الدُّنْيَا وَالْآخِرَةِ
تُوفِّني مُسْلِمًا وَالْحَقِّني بِالصَّالِحِينَ

Dua of Prophet
Yusuf



*Rabbi faatiras-samaawaati wal-ardi anta waliyyee fid-dunyaa
wal aakhirati tawaffanee musliman wa alhiqnee bissaaliheen
"My Lord, Creator of the heavens and the earth! You are my Protector in
this world and in the Hereafter. Cause me to die as a Muslim and
join me with the righteous"*

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Surah At-Tahreem

verse 11

رَبِّ ابْنِ لِي عِنْدَكَ بَيْتًا فِي الْجَنَّةِ

Rabbi ibni lee indaka baytan fee aljannati

" My Lord ! build for me a home with You

in PARADISE "

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" Dua for your Parents "

Surah Al-Isra
(verse 24)

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

Rabbi irhamhuma kama rabbayanee sagheera

*" My Lord ! Bestow on them Your mercy as
they did bring me up when I was young "*

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Dua for increase in Sustenance

اللَّهُمَّ رَبَّنَا أَنْزِلْ عَلَيْنَا مَائِدَةً مِنَ السَّمَاءِ تَكُونُ لَنَا عِيدًا
لِأَوَّلِنَا وَءَاخِرِنَا وَءَايَةً مِنْكَ وَأَنْتَ خَيْرُ الرَّازِقِينَ

verse
114

Allaahumma rabbanaa anzil 'alaynaa maaidatan minas-samaai

takoonu lanaa 'eedan liawwalinaa wa aakhirinaa wa aayatan

minka warzuqnaa wa anta khayrur-raaziqeen

"O Allah , our Lord, send down to us a table spread (with food)

from the heaven to be for us a festival for the first of us and

the last of us and a sign from You; and provide for us

sustenance and You are the Best of providers"

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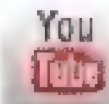
رَبَّنَا ءَامَنَّا فَاعْفِرْ لَنَا وَارْحَمْنَا وَأَنْتَ خَيْرُ الرَّاحِمِينَ

*Rabbana aamanna faghfirlanaa warhamna wa
anta khayrur raahimeen*

*" Our Lord ! we believe,so forgive us and
have mercy on us and You are the best of the Merciful "*

Surah Al-Muminoon,verse 109

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رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَالِدَيَّ
وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي إِنِّي تُبْتُ إِلَيْكَ

Surah Al-Ahqaf, verse 15



وإِنِّي مِنَ الْمُسْلِمِينَ

Rabbi awzi'nee an ashkura ni'matakallatee an 'amta 'alayya
wa 'alaa waalidayya wa-an a'mala saalihaan tardaahu wa-
aslih lee fee thurriyyatee innee tubtu ilayka wa-innee minal-
muslimeen "My Lord! Grant me the power that I may be
grateful for Your Favour which You have bestowed upon me
and upon my parents, and that I may do righteous deeds,
which please You, and make righteous for me my offspring;

surely I turn to Thee and surely I am of those who submit "

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" Dua from the Quran"

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Rabbana la tuzigh quloobana ba'da ith hadaytanaa

wahab lana min ladunka rahmatan innaka antal wahhaab

*" Our Lord ! let not our hearts deviate after You have
guided us and grant us from Yourself mercy. Indeed, You are
the Bestower "*

Surah Al-Imran , verse 8

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Dua of Prophet Nuh

رَبِّ إِنِّي أَعُوذُ بِكَ أَنْ أَسْأَلَكَ مَا لَيْسَ لِي بِهِ عِلْمٌ وَإِلَّا تَغْفِرْ لِي

وَتَرْحَمَنِي أَكُن مِّنَ الْخَاسِرِينَ
Surah Hud, verse 47

*Rabbi inni a.oothu bika an asalaka ma laysa lee bihi
ilmun wa illa taghfir lee watarhamnee akun minal
khaasireen " My Lord ! I seek refuge with You from asking You
of that which i have no knowledge.If You do not forgive me and
have mercy on me, I shall be among the losers "*

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

"Dua for the Mercy of Allah"

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ

Rabbi ighfir warham wa anta khayrur raahimeen

*"O my Lord ! forgive and have mercy and Thou
art the best of the Merciful ones "*

Surah Al-Mu`minun, verse 118

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" Dua from the Quran "

Surah
Al-Imran

Verse
193

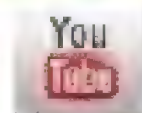
رَبَّنَا فَاعْفِرْ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا
سَيِّئَاتِنَا وَتَوَفَّنَا مَعَ الْأَبْرَارِ ﴿١٩٣﴾

Rabbana faghfirlana thunoobanaa wa kaffir anna

sayyi aatinaa wa tawaffanaa ma alabraar

*"Our Lord ! Forgive us our sins and remit from us our
evil deeds and make us die with the righteous"*

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اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا طَيِّبًا، وَعَمَلًا مُتَقَبَّلًا

Allaahumma 'innee 'as'aluka 'ilman naafi'an,
wa rizqan tayyiban, wa 'amalan mutaqabbalan.

*"O Allah, I ask You for
knowledge that is of benefit,
a good provision,
and deeds that will be accepted"*

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«اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ مِنَ النَّارِ»

**Allaahumma 'innee 'as'alukal-jannata
wa 'a'oothu bika minan-naar**

***"O Allah, I ask You for Paradise and
seek Your protection from the Fire"***

Reference: Abu Dawud, Al-Albani, Sahih Ibn Majah

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Dua from the HADITH

«اللَّهُمَّ اَعِنِّي عَلَى ذِكْرِكَ، وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ»

Allaahumma a'innnee 'alaa thikrika, wa shukrika,
wa husni 'ibaadatika

*"O Allah, help me to remember You, to thank You,
and to worship You in the best manner"*

Abu Dawud 2/86, An-Nasa'i 3/53

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

"Dua for Guidance and Righteousness"

اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ الْهُدٰی وَالتَّقٰی وَالعِفَافَ وَالْغِنٰی

Allaahumma inni as'alukal-huda, wat-tuqa,

wal-'afafa, wal-ghina

"O Allah! I ask You for guidance, piety,

chastity and contentment"

ترجمہ: اے اللہ! میں تجھ سے ہدایت اور یرمہیزگاری اور پارسائی اور (مخلوق سے)

بے نیازی کا سوال کرتا ہوں۔ (ابن ماجہ ص ۲۸۵، ترمذی، عن عبد اللہ بن مسعود رض)

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"Dua for GUIDANCE and RIGHTEOUSNESS"

اللَّهُمَّ اِهْمِنِي رُشْدِي وَاَعِدْنِي مِنْ شَرِّ نَفْسِي (رواه ابن ماجة)

Allahumma al-himni rushdi, wa a'idhni min sharri nafsi

"O Allah! Inspire in me guidance and deliver me from the evils within myself"

ترجمہ الہی! تو میرے دل میں نیکو کاری ڈال دے اور میرے نفس کے شر سے مجھے بچا دے۔

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"Dua for seeking Forgiveness"

رَبِّ اغْفِرْ لِي رَبِّ اغْفِرْ لِي

Rabbighfir lee, Rabbighfir lee.

"My Lord, forgive me. My Lord, forgive me"

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Dua for Morning and Evening

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

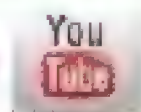
'A'oothu bikalimaatil-laahit-taammaati
min sharri maa khalaq

*"I seek refuge in the Perfect Words of Allah
from the evil of what He has created"*

(Recite three times in Arabic)

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"Beautiful dua for seeking Forgiveness"

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ،
فَاغْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

*Allaahumma innee dhalamtu nafsee dhulman katheeran, wa
laa yaghfiruth-thunooba illa Anta, faghfir lee magh-firatan min
'indika warhamnee innaka Antal-Ghafoorur-Raheem.*

Oh Allâh, I have greatly wronged myself and no one forgives sins
but You. So grant me forgiveness and have mercy on me. Surely You
are Forgiving, Merciful.

[Al-Bukhari, Muslim]

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Dhikr for Morning and Evening

«رَضِيتُ بِاللّهِ رَبًّا ، وَبِالْإِسْلَامِ دِينًا ، وَبِمُحَمَّدٍ ﷺ نَبِيًّا»

Radheetu billaahi Rabban, wa bil-'Islaami deenan, wa bi-Muhammadin (sallallaahu 'alayhi wa sallama) Nabiyyan

"I am pleased with Allah as my Lord, with Islam as my religion and with Muhammad (peace and blessings of Allah be upon him) as my Prophet" (Recite three times in Arabic)

"Allah has promised that anyone who says this three times every morning or evening will be pleased on the Day of Resurrection."

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Dua for the protection from DISEASES and INSANITY

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنَ الْبَرَصِ وَالْجُنُوْنِ وَالْجُذَامِ
وَسَیِّئِ الْاَسْقَامِ ط (نسائی ج ۱ ص ۲۲۲، عن انس)

*Allaahumma inni a'udhu bika minal-barasi,
wal-jununi, wal-judhami, wa sayyi'il-asqaam*

*"O Allah! I seek refuge in You from leucoderma (vitiligo),
and insanity, and leprosy and evil diseases"*

ترجمہ اے اللہ! تو مجھے پناہ دے برص (پھلبری) سے اور دیوانگی سے، اور جذام (کوڑھ) سے
اور تمام بُری (اور مُوزی) بیماریوں سے - facebook.com/islamicdua

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"Dua before Sleeping"

(Recite three times in Arabic)

Allaahumma اللَّهُمَّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ

qinee 'athaabaka yawma tab'athu 'ibaadaka

"O Allah, save me from Your **Punishment**
on the Day that You resurrect Your slaves

*When the Prophet wanted to lie down to sleep, he used
to place his right hand under his cheek and say this dua*

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Dua for Protection from SHIRK (Polytheism)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَشْرِكَ بِكَ وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

Allaahumma 'innee 'a'oothu bika

'an 'ushrika bika wa 'anaa 'a'lamu,

wa 'astaghfiruka limaa laa 'a'lamu.

*"O Allah, I seek refuge in You lest I associate
anything with You knowingly, and I seek
Your forgiveness for what I know not"*

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Dua for Protection from all sorts of Danger

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillaahil-lathee laa yadhurru ma'as-mihi shay'un
fil-'ardhi wa laa fis-samaa'i wa Huwas-Samee 'ul- 'Aleem

*"In the Name of Allah, Who with His Name nothing can cause harm in
the earth nor in the heavens, and He is the All-Hearing, the All-Knowing"*

(Recite three times in Arabic)

[Abu Dawud, At-Tirmidhi, Ibn Majah]

*"Whoever recites it three times in the morning will not be afflicted by any
calamity before evening, and whoever recites it three times in the evening will
not be overtaken by any calamity before morning."*

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"Dua for the Cure of EVIL EYE"

بِسْمِ اللّٰهِ اَللّٰهُمَّ اِزْهِبْ حَرَّهَا وَبَرْدَهَا وَوَصَبَهَا

*Bismillaahi Allaahumma azhab harraha wa
bardaha wa wasabaha*

*"In the name of ALLAH. O ALLAH ! Remove the heat
and cold of it [evil eye] and its pain"*

ترجمہ: اللہ کے نام پر، اے اللہ تو اس (نظرِ بد) کے گرم و سرد کو، اور دکھ درد کو دور کر دے
نسائی طبرانی عن جابر بن سید

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*Dua for protection from your
Enemy*

Allaahummak-fineehim bima shi'ta

اللَّهُمَّ اكْفِنِيهِمْ بِمَا شِئْتَ

*"O Allah, suffice (i.e. protect) me
against them however You wish"*

[Reference: Muslim]

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Dua for Protection from your Enemy

اللَّهُمَّ إِنَّا نَجْعَلُكَ فِي نُحُورِهِمْ وَنَعُوذُ بِكَ مِنْ شُرُورِهِمْ

Allaahumma 'innaa naj'aluka fee nuhoorihim

wa na'oothu bika min shuroorihim

*"O Allah, we ask You to restrain them by their
necks and we seek refuge in You from their evil"*

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Duaa for prostrations due to recitation of the Quran

سَجَدَ وَجْهِي لِلَّذِي خَلَقَهُ، وَشَقَّ سَمْعَهُ وَبَصَرَهُ بِحَوْلِهِ وَقُوَّتِهِ

Sajada wajhiya lillathee فَتَبَارَكَ اللهُ أَحْسَنُ الْخَالِقِينَ

khalaqahu, wa shaqqa sam'ahu wa basarahu bihawlihi
wa quwwatihi. Fatabaarakallaahu 'ahsanul-khaaliqeen.

*"I have prostrated my face to the One Who created it
and gave it hearing and sight by His might and
His power. Glory is to Allah, the Best of creators"*

At-Tirmidhi 2/474, Ahmad 6/30, and Al-Hakim.

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Beautiful Dhikr

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ : عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَزِنَةَ عَرْشِهِ

SubhaanAllaahi wa bihamdihi وَمِدَادَ كَلِمَاتِهِ

'Adada khalqihi, wa ridhaa nafsihi,

wa zinata 'arshihi wa midaada kalimaatihi

"Glory is to Allah and praise is to Him,

by the multitude of His creation, by His

Pleasure, by the weight of His Throne,

and by the extent of His Words"

*(Recite three times in Arabic upon rising
in the morning)*

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❖ ❖ ❖ **Duaa after completing the prayer** ❖ ❖ ❖

«أَسْتَغْفِرُ اللَّهَ (ثَلَاثًا) اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ

Astaghfirullaah. Allaahumma 'Antas-Salaamu wa **وَالْإِكْرَامِ**

minkas-salaamu, tabaarakta yaa Thal-Jalaali wal-'Ikraam

Translation: "I seek the forgiveness of Allah (three times).

O Allah, You are Peace and from You comes peace.

Blessed are You, O Owner of majesty and honor"

Reference: Muslim 1/414

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"Dua to seek GUIDANCE & OBEDIENCE"

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اَللّٰهُمَّ مُصَرِّفَ الْقُلُوْبِ صَرِّفْ قُلُوْبَنَا عَلٰى طَاعَتِكَ

اے اللہ! دلوں کو پھیرنے والے! تو ہمارے دلوں کو اپنی فرمانبرداری پر پھیر دے

Allahumma musarrifal-qulubi, sarraf qulubana 'ala ta'atik

*"O Allah! Controller of the hearts,
direct our hearts to Your obedience"*

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«اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَسِيحِ
الدَّجَالِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ
الْمَأْثَمِ وَالْمَغْرَمِ».

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Allaahumma innee a'uthu bika min 'athaabil-qabri, wa a'uthu bika min fitnatil-maseehid-dajjaali, wa a'uthu bika min fitnatil-mahyaa wal-mamaati. Allaahumma innee a'uthu bika minal-ma'thami wal-maghrami.

Oh Allâh, I seek refuge in you from the punishment of the grave, and I seek refuge in you from the trial of the False Messiah, and I seek refuge in you from the trials of life and death. Oh Allâh, I seek refuge in you from sin and from debt.

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Dua for Morning

اللَّهُمَّ بِكَ أَصْبَحْنَا، وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

Allaahumma bika 'asbahnaa, wa bika 'amsaynaa, wa
bika nahyaa, wa bika namootu wa 'ilaykan-nushoor

"O Allah, by You we enter the morning and by

You we enter the evening, by You we live and

by You we die, and to You is the Final Return"

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Invocation for Qunut in the Witr prayer

«اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ، وَعَافِنِي فِيمَنْ عَافَيْتَ، وَتَوَلَّنِي فِيمَنْ تَوَلَّيْتَ، وَبَارِكْ لِي فِيمَا أَعْطَيْتَ، وَقِنِي شَرَّ مَا قَضَيْتَ، فَإِنَّكَ تَقْضِي وَلَا يُقْضَى عَلَيْكَ، إِنَّهُ لَا يَذِلُّ مَنْ وَالَيْتَ، [وَلَا يَعْزُّ مَنْ عَادَيْتَ]، تَبَارَكْتَ رَبَّنَا وَتَعَالَيْتَ».

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Allaahum-mahdinee fiman hadaita, wa 'aafini fiman 'aafaita, wa tawal-lani fiman tawallaita, wa baarik lee fima a'ataita, wa qinee sharra maa qadhaita, fa innaka taqdhee wa laa yuqdhaa 'alaika, innahu laa yathillu man waalaita, [wala ya'izzu man 'adaaita], tabaarakta Rabbanaa wa ta'aalaita.

Oh Allâh, guide me with those whom You have guided, and strengthen me with those whom You have given strength. Take me to Your care with those whom You have taken to Your care. Bless me in what You have given me. Protect me from the evil You have ordained. Surely You command and are not commanded, and none whom You have committed to Your care shall be humiliated [and none whom You have taken as an enemy shall taste glory]. You are Blessed, Our Lord, and Exalted.

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Duaas for sitting between two prostrations

«رَبِّ اغْفِرْ لِي رَبِّ اغْفِرْ لِي»

Rabbighfir lee. Rabbighfir lee.

My Lord, forgive me. My Lord, forgive me.

«اللَّهُمَّ اغْفِرْ لِي، وَارْحَمْنِي، وَاهْدِنِي، وَاجْبُرْنِي، وَعَافِنِي،
وَارْزُقْنِي، وَارْفَعْنِي.»

*Allaahum-maghfir lee, warhamnee, wahdinee, wajburnee, wa
'aafinee, warzuqnee, warfa'nee.*

Oh Allâh forgive me, have mercy on me, guide me,
support me, protect me, provide for me and elevate me.

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*"O Allah, I seek
refuge in you from **Grief and Sadness**, from
Weakness and from **Laziness**, from **Miserliness**,
and from **Cowardice**, from being overcome by **DEBT**,
and overpowered by **Men [i.e others]**"*

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَالْعَجْزِ وَالْكَسَلِ، وَالْبُخْلِ وَالْجُبْنِ

Allaahumma 'innee 'a'oothu وَضَلَعِ الدَّيْنَ وَغَلِبَةِ الرُّجَالِ

bika minal-hammi walhazani, wal'ajzi wal

kasali, walbukhli waljubni, wa dhala'id-

dayni wa ghalabatir-rijaal

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Read this "Dua after a Bad Dream"

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ غَضَبِهِ وَعِقَابِهِ، وَشَرِّ عِبَادِهِ

A'oothu bikalimaatil- وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَحْضُرُونِ

laahit-taammaati min ghadhabihi wa 'iqaabihi,

wa sharri 'ibaadihi, wa min

hamazaatish-shayaateeni wa 'an yahdhuroon

"I seek refuge in the Perfect Words of Allah, from His anger and His punishment, from the evil of His slaves and from the taunts of devils and from their presence"

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اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنْ شَرِّ مَا عَمَلْتُ وَمِنْ شَرِّ مَا لَمْ اَعْمَلْ

Allaahumma inni audhu bika min sharri ma 'amiltu, wa min sharri
ma lam a'mal "O Allah! I seek refuge in You from the evil of that
which I have done and the evil of that which I have not done"

ترجمہ: اے اللہ! میں نے (اب تک) جو کچھ کیا اُس کے شر سے، اور جو نہیں کیا اس کے بھی شر
سے پناہ مانگتا ہوں۔ (نسائی ج ۲ صفحہ ۳۲، نسائی ج ۱۹۲ عن عائشہ ر)

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لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Laa 'ilaaha 'illallaahu wahdahu laa shareeka lahu, lahul-mulku
wa lahul-hamdu, wa Huwa 'alaa kulli shay'in Qadeer

None has the right to be worshipped but Allah alone, Who has no partner

His is the dominion and His is the praise and He is Able to do all things"

(Recite 100 times in Arabic upon rising in the morning) Whoever recites this one hundred times a day will have the reward of freeing ten slaves. One hundred Hasanaat (rewards) will be written for him and one hundred misdeeds will be washed away. He will be shielded from Satan till evening. No one will be able to present anything better than this except for someone who has recited more than this.

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Dua for Anger

أَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

'A'oothu billaahi minash-Shaytaanir-
rajeem [Reference: Al-Bukhari, Muslim]

*"I seek refuge in Allah
from Satan,
the outcast"*

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[Reference:

Muslim]

«اللَّهُمَّ اغْفِرْ لِي ذَنْبِي كُلَّهُ، دِقَّةً وَجِلَّةً،

وَأَوَّلَهُ وَآخِرَهُ وَعَلَانِيَتَهُ وَسِرَّهُ».

Allaahum-maghfir lee thanbee kullahu,diqqahu wa jillahu,

wa 'awwalahu wa 'aakhirahu wa 'alaaniyatahu wa sirrahu

"O Allah, forgive me all my sins, great and small, the first and the last, those that are apparent and those that are hidden"

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Dua for the settling of Debts and increase in Sustenance

اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ وَأَغْنِنِي بِفَضْلِكَ عَمَّنْ سِوَاكَ

Allaahummak-finee bihalaalika 'an haraamika

wa 'aghninee bifadhlika 'amman siwaaka

"O Allah, suffice me with what You have allowed

instead of what You have forbidden,

and make me independent of

all others besides You"

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[At-Tirmidhi , Al-Albani]

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"Dua for the difficult tasks"

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا

شِئْتَ سَهْلًا

Allaahumma laa sahla 'illaa maa ja'altahu

sahlan wa 'Anta taj'alul-hazna 'ithaa shi'ta sahla

*"O Allah, there is no ease other than what You
make easy. If You please You ease sorrow"*

Reference: Ibn Hibban in his Sahih (no. 2427), and

Ibn As- Sunni (no. 351)

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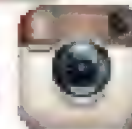
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– «يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ وَلَا تَكِلْنِيْ إِلَى

نَفْسِيْ طَرْفَةَ عَيْنٍ»
Yaa Hayyu yaa Qayyoomu birahmatika

'astagheethu 'aslih lee sha'nee kullahu wa laa takilnee

'ilaa nafsee tarfata 'aynin

"O Ever Living One, O Eternal One, by Your mercy I call on

You to set right all my affairs. Do not place me in charge of

my soul even for the blinking of an eye (i.e. a moment)"

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Dhikr for morning and evening

Subhaanallaahi
wa bihamdihi

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

"Glory is to Allah and praise is to Him"

Recite one hundred times in Arabic

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" Dua for OPENING THE FAST "

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِرَحْمَتِكَ الَّتِي وَسِعَتْ كُلَّ شَيْءٍ أَنْ تَغْفِرَ لِي

Allaahumma innee as'aluka bi rahmatikallatee

wasi'at kulla shay'in antaghfira lee

O Allah, I ask You by Your mercy, which encompasses

all things ,that You forgive me

Ibne Majah 1/557

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" Dua for OPENING THE FAST "

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ ، وَثَبَّتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

**Thahabadh dhama'u wabtallatil urooqu, wa
thabatal ajru inshaa'Allaah**

*The thirst is gone, the veins are moistened and the
reward is confirmed , if Allah wills*

Abu Dawud 2/306, Al Albani

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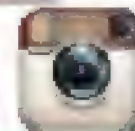
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رَبَّنَا أَتْمِمْ لَنَا نُورَنَا وَاعْفِرْ لَنَا إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Rabbana atmim lana noorana waighfir lana innaka

ala kulli shayin qadeer

" Our Lord ! complete our light for us and forgive us.

Surely, You have power over all things "

Surah At-Tahreem ,verse 8

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Hasbunallaahu
wa ni'amal-wakeel

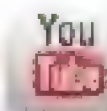
***"Dua for
all your Needs"***

*"Allah is sufficient for us and the
Best of those on whom to depend"*

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Al-Bukhari

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

*Hasbiyallaahu laa ilaaha illaa huwa 'alayhi tawakkaltu
wahuwa rabbul 'arshil 'adheem*

*"Allah is sufficient for me, there is no god except Him. On
Him I have relied, and He is the Lord of the Mighty Throne"*

Surah At-Taubah, verse 129

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"Beautiful Dua"

[Reference: Abu Dawud, *اللَّهُمَّ اغْفِرْ لِي، وَارْحَمْنِي، وَاهْدِنِي،*
Ibn Majah, At-Tirmidhi] *وَاجْبُرْنِي، وَعَافِنِي، وَارْزُقْنِي، وَارْفَعْنِي.*

Allaahum-maghfir lee, warhamnee, wahdinee,
wajburnee, wa 'aafinee, warzuqnee, warfa'nee

"O Allah *Forgive* me, have *Mercy* on me,
Guide me, *Support* me, *Protect* me,
Provide for me and *Elevate* me"

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Read this Supplication (dua)

" WHEN YOU WAKE UP "

٣- «الْحَمْدُ لِلّٰهِ الَّذِي عَافَانِي فِي جَسَدِي، وَرَدَّ عَلَيَّ رُوحِي، وَأَذِنَ لِي بِذِكْرِهِ».

At-Tirmidhi 5 / 473

*Alhamdu lillaahil-lathee 'aafaanee fee jasadee, wa
radda 'alayya roohee, wa 'athina lee bithikrih
" Praise is to Allah Who gave strength to my
body and returned my soul to me and
permitted me to remember Him "*

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Read this Supplication

" WHEN YOU WAKE UP "

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

اس اللہ تعالیٰ کا (بہت بہت) شکر ہے جس نے ہمیں مارنے کے بعد جلا دیا اور اسی کی طرف لوٹ کر جانا ہے۔
(بخاری ج ۲ صفحہ ۹۳ مسلم ج ۲ صفحہ ۳۳ ابن ابی شیبہ عن حدیث)

Bukhari, Muslim 4/2083

Alhamdu lillaahil-lathee 'ahyaanaa ba'da

maa 'amaatanaa wa'ilayhin-nushoor

Praise is to Allah Who gives us life after He has caused us

to die and to Him is the return

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رَبَّنَا افْتَحْ بَيْنَنَا وَبَيْنَ قَوْمِنَا بِالْحَقِّ وَأَنْتَ خَيْرُ الْفَاتِحِينَ

Rabbana iftah baynana wabayna qawmina bilhaqqi
wa anta khayrul faatiheen

*" Our Lord ! decide between us and our people with
truth; and Thou art the best of deciders "*

Surah Al-Araf, verse 89

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Dua 66

Dua for Protection from your Enemies

Rabbi

najjinee wa ahlee

mimmaa ya'maloon

رَبِّ نَجِّنِي وَ أَهْلِي مِمَّا يَعْمَلُونَ

*"My Lord, save me and my family from (the
consequence of) what they do"*

Surah Ash-Shuara

verse 169

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*Dua to gain Allah's Help and Success,
Protection from your Enemies*

Surah
Al-Muminoon
verse 39

رَبِّ أَنْصُرْنِي بِمَا كَذَّبُونِ

*Rabbi unsurnee bimaa
kaththaboon*

*"My Lord! Help me
because they deny me"*

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«اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبُخْلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ، وَأَعُوذُ بِكَ
مِنْ أَنْ أُرَدَّ إِلَى أَرْدَلِ الْعُمْرِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الدُّنْيَا وَعَذَابِ الْقَبْرِ».

*Allaahumma innec a'uthu bika minal-bukhli, wa a'uthubika
minal-jubni, wa a'uthubika min an uradda ilaa arthalil-'umri, wa
a'uthubika min fitnatid-dunyaa wa 'athaabil-qabri.*

Oh Allâh, I seek Your protection from miserliness, I seek Your **protection** from cowardice, and I seek Your protection from being returned to feeble old age. I seek Your protection from the trials of this world and from the torment of the grave.

Reference: Al-Bukhari, Al-Asqalani, Fathul-Bari

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*Dua (Supplication) for seeking
Forgiveness and Repentance*

اَللّٰهُمَّ اِنِّیْ اَسْتَغْفِرُكَ مِنْ کُلِّ ذَنْبٍ وَّاَتُوْبُ اِلَیْكَ ؕ
اے اللہ میں تجھ سے ہر گناہ کی مغفرت چاہتا ہوں اور توبہ کرتا ہوں۔

Allahumma innee astaghfiruka min

kulli zambiyon wa atoobu ilayk

" O Allah ! I seek Your forgiveness

for all the sins and I repent "

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**Dua to be read
in the
Morning**

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَعَلَى كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ
نَبِيِّنَا مُحَمَّدٍ ﷺ، وَعَلَى مِلَّةِ أَبِيْنَا إِبْرَاهِيمَ، حَنِيفًا مُسْلِمًا
وَمَا كَانَ مِنَ الْمُشْرِكِينَ

'Asbahnaa 'alaa fitratil-'islaami
wa 'alaa kalimatil-'ikhlaasi, wa 'alaa deeni Nabiyyinaa
Muhammadin (sallallaahu 'alayhi wa sallama),
wa 'alaa millati 'abeenaa 'Ibraaheema, haneefan
Musliman wa maa kaana minal-mushrikeen

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*"We have entered a new day upon the natural religion of Islam,
the word of sincere devotion, the religion of our Prophet Muhammad
(peace and blessings of Allah be upon him), and the faith of our
father Ibrahim. He was upright (in worshipping Allah), and a Muslim.
He was not of those who worship others besides Allah"*

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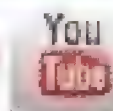
Surah Al-Imran ,verse 193

رَبَّنَا إِنَّا سَمِعْنَا مُنَادِيًا يُنَادِي لِلْإِيمَانِ أَنْ آمِنُوا بِرَبِّكُمْ فَآمَنَّا

*Rabbanaa innanaa sami'naa munaadiyan yunaadee
lileemaani an aminoo birabbikum fa amanna*

*"Our Lord! surely we have heard a preacher calling to the
faith, saying: Believe in your Lord, so we did believe"*

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DUA FROM THE QURAN

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

سَمِعْنَا وَأَطَعْنَا غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ

*Sami'naa wa-ata'naa ghufraanaka rabbanaa
wa ilaykal maseer* " Surah Al-Baqarab, verse 285 "

" We hear and obey, our Lord, grant us Thy forgiveness
and to Thee is the end of all journeys "

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" Dua from the Quran "

رَبَّنَا وَإِيتِنَا مَا وَعَدْتَنَا عَلَى رُسُلِكَ وَلَا تُخْزِنَا
يَوْمَ الْقِيَمَةِ إِنَّكَ لَا تُخْلِفُ الْمِيعَادَ ﴿١٩٤﴾

Verse
194

*Rabbanaa wa aatina maa wa adtanaa alaa rusulika walaa
tukhzinaa yawmal qiyaamati innaka laa tukhliful -mee'aad*
Our Lord ! grant us what Thou hast promised us by Thy Apostles; and
disgrace us not on the Day of Resurrection; surely You do not break
Your promise

" Surah Al-Imran "

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"Dua for PROTECTION from your ENEMIES"

رَبِّ أَنْصُرْنِي عَلَى الْقَوْمِ الْمُفْسِدِينَ

Rabbin surnee alal qawmil mufsideen

"My Lord ! help me against the mischievous people"

Surah Al-Ankabut, verse 30

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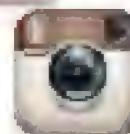
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"Dua from the Quran"

رَبَّنَا اغْفِرْ لَنَا وَلِإِخْوَانِنَا الَّذِينَ سَبَقُونَا بِالْإِيمَانِ وَلَا
تَجْعَلْ فِي قُلُوبِنَا غِلًّا لِلَّذِينَ آمَنُوا رَبَّنَا إِنَّكَ رَءُوفٌ رَحِيمٌ

Rabbana ighfir lana wali ikhwaanina allazeena sabaqoona bil eemani
wala taj al fee quloobina ghillan lillozeena aamanoo rabbana innaka
raoofun raheem

"Surah Al-Hashr ,verse 10"

"Our Lord! forgive us & our brothers who preceded
us in belief and put Thou not into our hearts any rancour towards
those who believe. Our Lord, surely Thou art Kind, Merciful"

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Dua for seeking
FORGIVENESS & REPENTANCE

﴿۱﴾ اِن الفاظ کے ساتھ بکثرت استغفار کیا کرے :-
رَبِّ اغْفِرْ لِيْ وَتُبْ عَلَيَّ اِنَّكَ اَنْتَ الرَّحِيْمُ
اے میرے پروردگار تو مجھے بخش دے اور میری توبہ قبول فرما لے بیشک ہی بہت بڑا توبہ قبول کرنے والا مہربان ہے۔

**RABBIGH FIRLI WATUB
ALAYYA INNAKA ANTAT
TAWWABUR RAHEEM**

*O my Lord ! forgive me and accept my repentance
indeed u are Oft-Returning with Compassion
and u are Merciful*

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"Dua-e-Qunoot" [Supplication for the Witr Prayer]

Allaahumma innaa nasta'eenuka

wa nastaghfiruka wa nu'minu bika wa

natawakkaloo 'alaika wa nuthnee 'alaikal

khair ,Wa nashkuruka wa laa nakfuruka wa

nakhlaoo wa natruku man yafjuruk

Allaahumma iyyaaka na'budu wa laka nusallee

wa nasjudu wa ilaika nas'aa wa nahfidu wa

narjoo rahmataka wa nakhshaa

athaabaka inna athaabaka bil kuffaari mulhiq

اَللّٰهُمَّ اِنَّا نَسْتَغِيْثُكَ وَنَسْتَغْفِرُكَ وَ

نُؤْمِنُ بِكَ وَنَتَوَكَّلُ عَلَيْكَ وَنُثْنِيْ

عَلَيْكَ الْخَيْرَ وَنَشْكُرُكَ وَلَا نَكْفُرُكَ وَ

نَخْلَعُ وَنَتْرُكُ مَنْ يَفْجُرُكَ اَللّٰهُمَّ اِنَّا

نَعْبُدُ وَلَكَ نُصَلِّيْ وَنَسْجُدُ وَ اِلَيْكَ نَسْئِلُ

وَنَحْفِدُ وَنَرْجُوْا رَحْمَتَكَ وَنَخْشَى عَذَابَكَ

اِنَّ عَذَابَكَ بِالْكَفَّارِ مُلْحِقٌ

"Oh Allah! we seek Your help and Your forgiveness and we believe in You and rely on You and praise You for all the good things and are grateful to You and we do not deny You and we alienate and forsake him who disobeys You. Oh Allah! You alone do we worship and to You we pray and prostrate and to You we hasten to worship and to serve and we hope for Your mercy and we fear Your punishment.

Surely, Your punishment is going to overtake infidels"

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**Dua for Protection from
Turmoils, misfortunes, enemies and bad destiny**

اَللّٰهُمَّ اِنَّا نَعُوْذُ بِكَ مِنْ جَهْدِ الْبَلَاءِ وَدُرْكِ الشَّقَاءِ وَسُوْءِ
الْقَضَاءِ وَشَمَاتَةِ الْاَعْدَاءِ ۝ (بخاری ج ۲ ص ۹۷، مسلم ج ۱ ص ۳۲۷ عن ابی ہریرۃؓ)

Allaahummaa inna na'oothubika min jahdil-balaa, wa
darkish-shakaa, wa soo'il-qadha, wa shamatatil-'adaa

"O Allah, Surely we seek refuge in You against the hardship of
turmoils and attacks of misfortunes and evil destiny and from
the mockery of (triumphant) enemies"

Reference: اے اللہ! بیشک ہم تجھ سے پناہ مانگتے ہیں (ہر) بلا (اور مصیبت) کی سختی سے اور بد بختی
Muslim,
Al-Bukhari کے گھیر لینے سے، اور بُری تقدیر سے اور دشمنوں کے (ہم پر) خوش ہونے سے۔

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SYED UL ASTAGHFAAR (dua for seeking forgiveness)

Allaahumma anta rabbi laa ilaaha illa
 anta khalaqtani wa anaa abduka
 wa anaa alaa ahdika wa wa'dika
 mas tata'tu aoothubika min sharri
 maa sana'tu aboo'u laka bini'matika
 alayya wa aboo'u bithanbee fagh
 fir lee fa innahu laa yaghfiruth
 thunooba illaa Anta

Oh Allah, U are my Lord. There is none
 worthy of worship but U. You created me and
 I am Your slave. I keep Your covenant
 and my pledge to U as far as I am able. I seek
 refuge in U from the evil of what I have
 done. I admit to Your blessings upon me & I
 admit to my misdeeds. Forgive my sins,
 for there is none who may forgive sins but U.

سَيِّدُ الْاِسْتِغْفَارِ

سَيِّدُ الْاِسْتِغْفَارِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

شروع اللہ کے نام سے پڑھا امر مان نہایت رحم والا ہے

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلٰهَ اِلَّا اَنْتَ خَلَقْتَنِيْ

اے اللہ تو میرا رب ہے میں کوئی مبرور مکرور نے مجھے پیدا کیا

وَ اَنَا عَبْدُكَ وَ اَنَا عَلٰى عَهْدِكَ وَ وَعْدِكَ

اور میں تجرا بندہ ہوں اور میں تجھے عہد اور وعدے پر تمام ہوں

مَا اسْتَطَعْتُ اَعُوْذُ بِكَ مِنْ شَرِّ مَا

اپنی طاقت کے موافق میں ہشاد مانگتا ہوں تیری اپنی ہکار ہوں

صَنَعْتُ اَبُوْءُ لَكَ بِنِعْمَتِكَ عَلٰى وَاَبُوْءُ

میں سے اور تیری نعمتوں کا اقرار کرتا ہوں اور اپنے گنہگار ہوں کا اقرار

بِدِّيْ فَاغْفِرْ لِيْ فَاِنَّهُ لَا يَغْفِرُ

کرتا ہوں تو مجھے میرے گناہ بخش دے ورنہ میں تیرے سوا کوئی

اَلذُّنُوْبَ اِلَّا اَنْتَ

گناہ نہیں بخشتا

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«اللَّهُمَّ إِنِّي أَعُوذُ بِرِضَاكَ مِنْ سَخَطِكَ، وَبِمُعَافَاتِكَ مِنْ عُقُوبَتِكَ،
وَأَعُوذُ بِكَ مِنْكَ، لَا أَحْصِي ثَنَاءً عَلَيْكَ أَنْتَ كَمَا أَثْنَيْتَ عَلَى نَفْسِكَ».

*Allaahumma innee a'uthu bi-ridhaaka min sakhatika, wa bi
mu'aa-faatika min 'uqoobatika wa a'uthu bika minka, laa uhsoo
thanaa'an 'alaika Anta kamaa athnaita 'alaa nafsika.*

Oh Allāh, I seek protection in Your pleasure from Your anger, and I
seek protection in Your forgiveness from Your punishment. I seek
protection in You from You. I cannot count Your praises. You are as
You have praised Yourself

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Dua for Forgiveness & Repentance

۲ (صدقِ دل سے معنی کا دھیان کر کے) تین مرتبہ یا پانچ مرتبہ ان کلمات کے ساتھ استغفار پڑھا کرے۔
اَسْتَغْفِرُ اللهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ
ترجمہ: میں مغفرت چاہتا ہوں اس اللہ سے جس کے سوا کوئی معبود نہیں ہے وہ ہمیشہ ہمیشہ زندہ
رہنے والا (آسمان و زمین کو) قائم رکھنے والا ہے اور اسی کے سامنے توبہ کرتا ہوں۔

Astaghfirulla hallazi laa ilaaha illa huwal hayyul
qayyumu wa atoobu ilayih

*I seek forgiveness from Allah who alone is worthy of
worship, He is immortal, He has created (the
heavens and the earth) and I repent in front of Him*

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اللَّهُمَّ إِنِّي أَسْأَلُكَ عَيْشَةً نَقِيَّةً وَمَمَاتًا سَوِيًّا وَغَيْرَ مَخْزِيٍّ

وَلَا فَاضِحٍ: اے اللہ! میں تجھ سے پاکیزہ زندگی کی اور موزوں موت کی اور (دنیا سے) ایسی واپسی

(Hakim, narrated by Umar
Radi Allahu anhu)

کی دعا مانگتا ہوں جس میں (حشر کے دن) نہ میری رسوائی ہو نہ فضیحت۔

Allahumma inni as'aluka eeshatan-naqiyyata, wa
meetatan sawiyyata, wa maraddan ghaira
makhziyyin-walaa faadhih

"O Allah! I ask You for a pure life and a good death and I
ask You for such a return (from this world) that (on the
Judgement day) I am neither disgraced, nor humiliated"

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اَللّٰهُمَّ اَحْسِنْ عَاقِبَتَنَا فِيْ اَلْاُمُوْر كُلِّهَا وَاَجِرْنَا مِنْ خِزْيِ الدُّنْيَا وَعَذَابِ

الْاٰخِرَةِ (ابن جان، حاکم، عن بُسر بن ابی ارطاة ر) (Ibn-e-Habaan, Hakim)

ترجمہ: الہی! تو ہمارے ہر کام کا انجام ہمارے حق میں اچھا کر دے، اور ہمیں دُنیا کی رُسوائی اور
آخرت کے عذاب سے پناہ دے۔

Allahumma ahsin aqibatana fil umoore kulleha wa
ajirna min khizyid-dunya wa azaabil aakhira

“O Allah! Make the outcomes of all our actions good for
us; and save us from any disgrace in this world,
and from the punishment in the Hereafter.”

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" Dua from the Quran "

رَبَّنَا إِنَّكَ مَنْ تُدْخِلِ النَّارَ فَقَدْ أَخْزَيْتَهُ وَمَا

Surah Al-Imran
verse 192

لِلظَّالِمِينَ مِنْ أَنْصَارٍ ﴿١٩٢﴾

Rabbanaa innaka man tudkhilinnaara faqad akhzaytahu

wa maa lidh-dhaalimeena min ansaar

Our Lord ! surely whomsoever You admit into the Fire, You will

have abased, and the harmdoers shall have no helpers

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Dua of Prophet Ibrahim & his Companions

Rabbana
la
taj'alnaa

رَبَّنَا لَا تَجْعَلْنَا فِتْنَةً لِلَّذِينَ كَفَرُوا وَاعْفِرْ لَنَا
verse 5 رَبَّنَا إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ

fitnatan lillatheena kafaroo waghfir lana
rabbana innaka antal azeezul hakeem

Our Lord! do not make us a trial for those who
disbelieve and forgive us, our Lord, surely Thou
art the Mighty , the Wise

Surah Al-Mumtahinah

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" Dua from the Quran "

Surah

NUH

verse 28

رَبِّ اغْفِرْ لِي وَلِوَالِدَيَّ وَلِمَنْ دَخَلَ بَيْتِيَ مُؤْمِنًا
وَلِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَلَا تَزِدِ الظَّالِمِينَ إِلَّا تَبَارًا

*Rabbi ighfir lee waliwaalidayya waliman dakhala
baytiya mu'minan walil'mu'mineena walmu'minaati
walaa tazididh-dhaalimeena illaa tabaara*

*"My Lord! forgive me & my parents & him who enters my
house believing & the believing men & the believing women
and do not increase the wrongdoers except in destruction"*

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Dua for seeking FORGIVENESS

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka afuwwun tuhibb al'afwa fa'fu anni

**" O Allah ! You are All-Forgiving and
You love forgiveness , so forgive me "**

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Allaahumma ajirni minannaar
" O Allah ! save me from the fire "



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"O Allah! forgive
my errors and
ignorance and
immoderation
in my affairs
and those (faults)
of which You
are better
aware than myself"

اَللّٰهُمَّ اغْفِرْ لِيْ خَطِيْئَتِيْ وَجَهْلِيْ وَاسْرَافِيْ فِيْ اَمْرِيْ
[Muslim, Bukhari] وَمَا اَنْتَ اَعْلَمُ بِهِ مِنِّيْ (مسلم، بخاری، عن ابی موسیٰ رضی)

*Allaahummaghfirli khati'ati,
wa-jahli, wa israfi fee amri
wa maa Anta a'lamu bihi minni*

اے اللہ تو معاف فرما دے میری خطاؤں کو میری نافرمانیوں کو اور میری اپنے کام
میں بے اعتدالیوں کو، اور ان باتوں کو جنہیں تو مجھ سے زیادہ جانتا ہے

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Dua to remove Sorrow & Grief

اللَّهُ اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا - (سنن ابی داؤد - صحیح ابن ماجہ)

Allaahu Allaahu Rabbee laa ooshriku bihi
shay'an

"Allah, Allah is my Lord. I do not associate anything
with Him."

اللہ! اللہ میرا رب ہے میں اس کے ساتھ کسی چیز کو شریک نہیں ٹھہراتا۔

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"Dua to have Pious, Obedient Children"

رَبِّ هَبْ لِي مِنَ الصَّالِحِينَ

Rabbi hab lee minassaaliheen

"My Lord ! grant me [a child] from the righteous"

Surah As-Saffaat ,verse 100

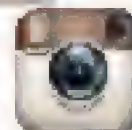
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"Dua of Prophet Ibrahim"

رَبِّ اجْعَلْ هَذَا الْبَلَدَ آمِنًا وَاجْنُبْنِي وَبَنِيَّ أَنْ نَعْبُدَ
الْأَصْنَامَ

Rabbi ij'al haathal-balada aaminan

wajnubnee wabaniyya an na'budal-asnaam

*"My Lord ! make this city [Makkah] secure and
save me and my sons from worshipping idols "*

Surah Ibrahim, verse 35

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*Dua for Protection from your
"Enemies and Evil People"*

رَبِّ نَجِّنِي مِنَ الْقَوْمِ الظَّالِمِينَ

**Rabbi najjinee minal qawmidh-
dhaalimeen**

*"My Lord ! save me from the
wrongdoing people "*

(Surah Al-Qasas, verse 21)

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"My Lord! Forgive me. Indeed, You are the Bestower."

Rabbi ighfir lee, innaka antal-wahhab

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Word-by-Word Translation:

Rabbi = my Lord

ighfir = Forgive

lee = me

innaka = Indeed, You

anta = [You]

Al-wahhaab = (are) the Bestower

رَبِّ اغْفِرْ لِي
إِنَّكَ أَنْتَ الْوَهَّابُ

Surah Saad, verse 35

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"My Lord, Grant me wisdom and join me with the good"

رَبِّ هَبْ لِي حُكْمًا وَالْحَقْنِي بِالصَّالِحِينَ

Rabbi hab lee hukman wa-alhiqnee bis-saaliheen

Surah Ash-Shu'araa ,verse 83

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" Dua for GOOD HEALTH "

*This is the dua of
Prophet Ibrahim*

وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

Waitha maridtu fahuwa yashfeen

"And when I am sick, it is He who cures me"

Surah Ash-Shu'ara ,verse 80

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اَللّٰهُمَّ اِنِّیْ اَتُوْبُ اِلَیْكَ مِنْهَا لَا اَرْجِعُ اِلَیْهَا اَبَدًا

"O Allah, I repent before You for all my sins and
and I promise never to return to the same (sin)"

Allahumma inni atubu ilayka

minha la arjiu ilayhaa abada

اے اللہ! میں تیرے سامنے اس (خطایا گناہ) سے توبہ کرتا ہوں اور (عہد کرتا

ہوں کہ) پھر کبھی یہ (گناہ یا خطا) ہرگز نہیں کروں گا۔ (حاکم عن ابی الدرداء رضی

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Dua for PROTECTION from SATAN

Surah
Al-Mu'minun
verses 97-98

رَبِّ أَعُوذُ بِكَ مِنْ هَمَزَاتِ الشَّيَاطِينِ
وَأَعُوذُ بِكَ رَبِّ أَنْ يَحْضُرُونِ

Rabbi a'oothu bika min hamazaatish-shayaateeni

Wa-a'oothu bika rabbi an yahduroon

*" O my Lord ! I seek refuge in Thee from the evil
suggestions of the Satans and I seek refuge in Thee*

O my Lord, lest they come near unto me "

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رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَتَوَفَّنَا مُسْلِمِينَ

Rabbana afrigh alayna sabran watawaffana
muslimeen

*" Our Lord ! pour upon us patience and let us
die as Muslims [in submission to You] "*

Surah Al-Araf ,verse 126

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'Dua to seek Allah's protection for children'

*U'eethukumaa bikalimaati illahit-taammati min kulli
shaytaanin wa haammatin, wa min kulli 'aynin laammatin*

*I seek
protection
for you in
the Perfect
Words of
Allah, from
every devil
and every
beast, and
from every*

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أُعِيذُكُمْ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ
شَيْطَانٍ وَهَامَّةٍ وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ.

*envious,
blame-
worthy
eye*

Remembrance morning & evening

اللَّهُمَّ عَافِنِي فِي بَدَنِي ، اللَّهُمَّ عَافِنِي فِي سَمْعِي ،
اللَّهُمَّ عَافِنِي فِي بَصَرِي ، لَا إِلَهَ إِلَّا أَنْتَ

Transliteration:

allaahumma 'aafinee fee badanee, allaahumma 'aafinee fee sam'ee.
allaahumma 'aafinee fee basaree, laa ilaaha illaa anta

Translation:

O Allah, grant my body health.
O Allah, grant my hearing health.
O Allah, grant my sight health.
None has the right to be worshipped except You.

Notes:

*To be said 3 times

Source: Abu Dawud No# 5090

"Dua for Good Health" [For the Cure of Diseases]

اَللّٰهُمَّ اَذْهِبِ الْبَاسَ رَبَّ النَّاسِ اِشْفِهِ وَاَنْتَ الشّٰفِىُّ لَا شِفَآءَ

اِلَّا شِفَآءُكَ شِفَآءٌ لَا يُغَادِرُ سَقَمًا (بخاری، مسلم عن عائشہ رض)

Allaahumma Az hibil ba'sa rabban-naasi ishfihi wa antash-shaafi

laa shifaa aa illaa shifaaooka shifaaoon la yughaadiru saqamaa

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O Allah! Remove the harm, O Lord of mankind! heal this ailment
and You are the One Who heals. There is no healing except Yours,

[Cure]with a healing which does not leave any disease behind

اے اللہ تکلیف کو دور فرما، (اے) لوگوں کے پروردگار اس بیمار کو شفا دے، اور تو ہی شفا دینے والا ہے تیری

Bukhaari, Muslim

narrated by Ayesha -
Radi Allahu anha

شفا کے سوا کوئی شفا نہیں، ایسی شفا دے کہ کوئی بیماری باقی نہ رہنے دے۔

Dua 13

رَبَّنَا آمَنَّا بِمَا أَنزَلْتَ وَاتَّبَعْنَا الرَّسُولَ فَاكْتُبْنَا مَعَ الشَّاهِدِينَ

Rabbana amanna bima anzalta waittabaAAna

arrasoola faoktubna maAAashshahideen

*" Our Lord ! we believe in what Thou has
revealed and we follow the apostle,so write
us down with those who bear witness "*

Surah Al-Imran,verse 53

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Dua 10

رَبَّنَا إِنَّكَ جَامِعُ النَّاسِ لِيَوْمٍ لَا رَيْبَ فِيهِ إِنَّكَ اللَّهُ لَا يُخْلِفُ الْمِيعَادَ

*Rabbana innaka jamiAAun naasi liyawmin la rayba
feehi inna Allaha la yukhliful meeAAad*

*" Our Lord! surely Thou art the Gatherer of men on a day
about which there is no doubt; surely Allah will not fail
(His) promise "*

Surah Al-Imran, verse 9

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Surah
Al-Furqan
verse 74

Dua 27

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ
أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

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Rabbana hab lana min azwajina wathurriyyatina

qurrata aAyunin wajjAAalna lilmuttaqeena imaama

*" Our Lord , grant us in our wives and our
offspring the joy of our eyes and make us guides
to those who guard (against evil) "*

Dua 37

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

" Supplication of Prophet Musa "

رَبِّ إِنِّي ظَلَمْتُ نَفْسِي فَاغْفِرْ لِي

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Rabbi innee zalamtu nafsee faghfirli

" My Lord ! surely I have wronged myself, forgive me "

Surah Al-Qasas, Verse 16

Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ۝ مِنْ شَرِّ مَا خَلَقَ ۝ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ۝ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ۝ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ﴾ .

Bismillaahir-Rahmaanir-Raheem. Qul a'uthu birabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin itha waqab. Wa min sharrin naffaathaati fil-'uqad. Wa min sharri haasidin itha hasad.

With the Name of Allâh, the Most Gracious, the Most Merciful. Say: "I seek refuge with (Allâh) the Lord of the daybreak, from the evil of what He has created, and from the evil of the darkening (night) as it comes with its darkness, and from the evil of those who practice witchcraft when they blow in the knots, and from the evil of the envier when he envies."

عَلَى اللَّهِ تَوَكَّلْنَا رَبَّنَا لَا تَجْعَلْنَا فِتْنَةً لِلْقَوْمِ الظَّالِمِينَ

AAala Allahi tawakkalna rabbana la tajAAalna fitnatan
lilqawmi alththalimeen

*" In Allah we put our trust. Our Lord ! make us not a trial
for the wrongdoing people "*

Surah Yunus, verse 85

"Dua for Protection from the disbelievers"

Surah Yunus

verse 86

وَنَجِّنَا بِرَحْمَتِكَ مِنَ الْقَوْمِ الْكَافِرِينَ

Wanajjina birahmatika minal qawmil kaafireen

*"And save us, through Your mercy, from the
unbelieving nation "*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

بعض احادیث میں یہ کلمات مذکور ہیں :-

أَسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ

ASTAGHFIRULLAHA

RABBI MIN KULLI ZAMBIYON

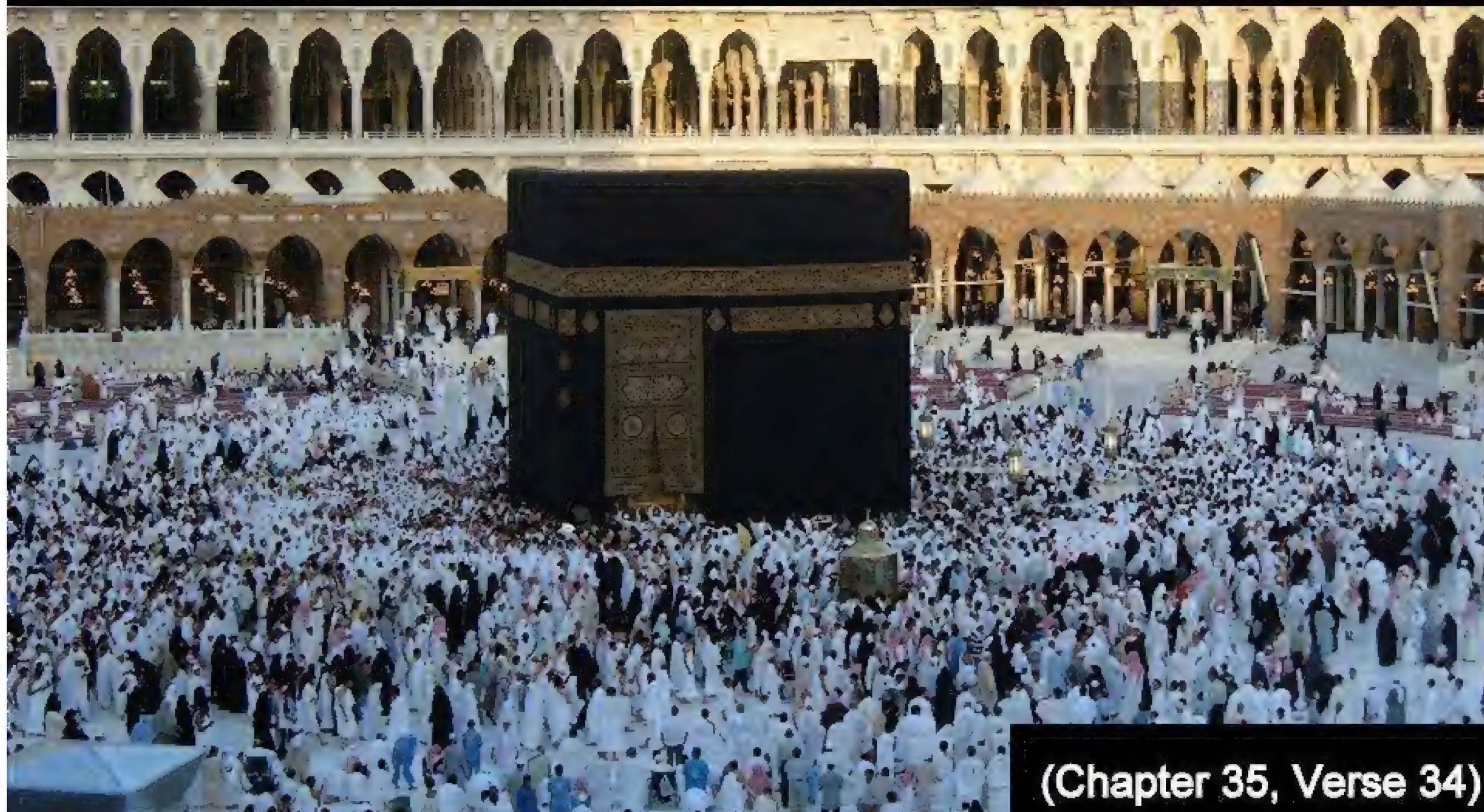
WA ATOOBU ILAYIH

Dua for seeking repentance

Alhamdu lillahil-lathee
athhaba 'annal-hazan

الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنَّا الْحَزْنَ إِنَّ رَبَّنَا لَغَفُورٌ شَكُورٌ

inna rabbana laghafoorun shakoor *"Praise belongs to Allah who has removed all
sorrow from us. Indeed, our Lord is the Forgiver, the Multiplier of the rewards"*



(Chapter 35, Verse 34)

"O Allah, bestow Your favor on
Muhammad (P.B.U.H) and on the family
of Muhammad(P.B.U.H) as You have
bestowed Your favor on Ibrahim(P.B.U.H)
and on the family of Ibrahim(P.B.U.H),
You are Praiseworthy, Most Glorious
O Allah, bless Muhammad (P.B.U.H)
and the family of Muhammad(P.B.U.H)
as You have blessed Ibrahim(P.B.U.H)
and the family of Ibrahim(P.B.U.H),
You are Praiseworthy, Most Glorious"

Allahumma sall i alaa muhammadin wa alaa
aali muhammadin kamaa sallaita alaa
ibrahima wa alaa aali ibrahima innaka
hameedum majeed Allaahumma baarik alaa
muhammadin wa alaa aali muhammadin
kamaa baarakta alaa ibrahima wa alaa aali
ibrahima innaka hameedum majeed

Durood e Paak

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ
وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ
عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ
إِنَّكَ حَمِيدٌ مُجِيدٌ
اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى
آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ
إِنَّكَ حَمِيدٌ مُجِيدٌ

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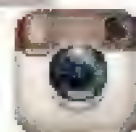
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رُكُوعَهَا

سُورَةُ الْفَاتِحَةِ مَكِّيَّةٌ

يَاقُوتَاهُ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝

الرَّحِيمِ ۝ مَلِكِ يَوْمِ الدِّينِ ۝

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۝

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۝

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝

اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى نَبِيِّنَا مُحَمَّدٍ

Allaahumma salli wa sallim 'alaa

Nabiyyinaa Muhammadin

*"O Allah, we ask for Your peace and
blessings upon our Prophet Muhammad"*

(Recite ten times in Arabic)

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Dua for the Ruku (bowing in Prayer)

اللَّهُمَّ لَكَ رَكَعْتُ، وَبِكَ آمَنْتُ، وَلَكَ أَسْلَمْتُ خَشَعَ لَكَ سَمْعِي
وَبَصَرِي، وَمُخِّي، وَعَظْمِي، وَعَصَبِي، وَمَا اسْتَقَلَّ بِهِ قَدَمِي

Allaahumma laka raka'tu wa bika aamantu wa laka aslamtu
khasha'a laka sam'ee wa basaree wa mukhkhee wa azmee wa asabee wa
mastaqalla bihi qadamee *Oh Allah, to You I bow (in prayer) and in You I
believe & unto You I have submitted. Before You my hearing is humbled, as is
my sight, my mind, my bones, my nerves & what my feet have mounted upon*

"Dua to Protect oneself from haram attraction"

**Dua of
Prophet
Yusuf**

رَبِّ وَإِلَّا تَصْرِفْ عَنِّي كَيْدَهُنَّ أَصْبُ إِلَيْهِنَّ وَأَكُن مِّنَ
الْجَاهِلِينَ ﴿٣٣﴾
Surah Yusuf, verse 33

**Rabbi wa illaa tasrif 'annee kaydahunna
asbu ilayhinna wa akun minal-jaahileen**

**"My Lord, And unless You turn away their plot from me, I
might incline towards them and [thus] be of the ignorant"**

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Surah
Fatiha
verse 5

اللَّهُمَّ إِنَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Allaahumma iyyaaka na'budu
wa iyyaaka nasta'een

"O Allah, You (Alone) we worship,
and You (Alone) we ask for help"

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Dua for protection from your Enemy

اللَّهُمَّ مُنْزِلَ الْكِتَابِ، سَرِيعَ الْحِسَابِ، اهْزِمِ الْأَحْزَابَ

اللَّهُمَّ اهْزِمْهُمْ وَزَلِّزْلَهُمْ، Allaahumma munzilal-kitaabi,

saree'al-hisaabi, ihzimil-'ahzaaba, Allaahumma

ihzimhum wa zalzilhum

*"O Allah, Revealer of the Book, Swift to account,
defeat the groups (of disbelievers).*

O Allah, defeat them and shake them"

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DUA FOR ISTIKHARA

اَللّٰهُمَّ اِنِّیْ اَسْتَخِیْرُكَ بِعِلْمِكَ، وَاسْتَغْفِرُكَ بِقُدْرَتِكَ،
وَاسْأَلُكَ مِنْ فَضْلِكَ الْعَظِیْمِ ۖ فَاِنَّكَ تَقْدِرُ وَاَلَّا تَقْدِرُ،
وَتَعْلَمُ وَاَلَّا اَعْلَمُ، وَاَنْتَ عَلَّامُ الْغُیُوْبِ ۝ اَللّٰهُمَّ اِنْ
كُنْتَ تَعْلَمُ اَنَّ هَذَا الْاَمْرَ خَیْرٌ لِّیْ فِیْ دِیْنِیْ
وَمَعَاشِیْ وَعَاقِبَةِ اَمْرِیْ ۝ اَوْ عَاجِلٌ اَمْرِیْ وَاَجِلٌ ۝
فَاقْدِرْهُ وَاَسِّرْهُ لِیْ ثُمَّ بَارِكْ لِیْ فِیْهِ، وَاِنْ كُنْتَ تَعْلَمُ
اَنَّ هَذَا الْاَمْرَ شَرٌّ لِّیْ فِیْ دِیْنِیْ وَمَعَاشِیْ وَعَاقِبَةِ
اَمْرِیْ ۝ اَوْ عَاجِلٌ اَمْرِیْ وَاَجِلٌ ۝ فَاصْرِفْهُ عَنِّیْ وَاصْرِفْنِیْ
عَنْهُ، وَاقْدِرْ لِیْ الْخَیْرَ حَيْثُ كَانَ ثُمَّ اَرْضِنِیْ بِهٖ ۝

"Dua for the Protection from Stress, Hunger, Disgrace and Injustice"

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنَ الْفَقْرِ وَالْفَاقَةِ وَالذِّلَّةِ وَاَعُوْذُ بِكَ

مِنْ اَنْ اَظْلِمَ اَوْ اُظْلَمَ (ابن ماجہ عن ابی ہریرہؓ)

ترجمہ: اے اللہ! بیشک میں تیری پناہ لیتا ہوں فقر و فاقہ اور ذلت و خواری سے اور
تیری پناہ لیتا ہوں اس سے کہ میں کسی پر ظلم کروں یا مجھ پر ظلم کیا جائے (کوئی ظلم کرے)۔

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"Dua to gain **SUCCESS** over your enemies and to repay your Debts"

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنْ غَلَبَةِ الدَّیْنِ وَغَلَبَةِ الْعَدُوِّ

وَشَمَاتَةِ الْاَعْدَاءِ (ابن حبان، عن عبد اللہ بن عمرو ر)

ترجمہ: اے اللہ! میں قرض کے بوجھ، دشمن کے غلبہ و دشمنوں کی ہنسی سے تیری پناہ چاہتا ہوں۔

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"Dua for KNOWLEDGE, Good Deeds and a good Heart"

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنْ عِلْمٍ لَا یَنْفَعُ وَعَمَلٍ لَا یُرْفَعُ وَ
قَلْبٍ لَا یَخْشَعُ وَقَوْلٍ لَا یُسْمَعُ (حاکم، ابن حبان، عن انس ر)

ترجمہ: اے اللہ! میں تجھ سے پناہ مانگتا ہوں اس علم سے جو نفع نہ پہونچائے اور اس عمل سے
جو (تیری بارگاہ میں) قبول نہ ہو، اور اس دل سے جس میں تیرا خوف نہ ہو، اور اس بات
سے جو سنی نہ جائے۔

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"Dua for Forgiveness, Stress, Debts and all types of Needs"

اَللّٰهُمَّ لَا تَدْعُ لِيْ ذَنْبًا اِلَّا غَفَرْتَهُ وَلَا هَمًّا اِلَّا فَرَّجْتَهُ وَلَا
لَا دِيْنًا اِلَّا قَضَيْتَهُ وَلَا حَاجَةً مِّنْ حَوَائِجِ الدُّنْيَا وَالْآخِرَةِ
اِلَّا قَضَيْتَهَا يَا اَرْحَمَ الرَّاحِمِيْنَ ط (طبرانی فی الکبیر عن انسؓ)

ترجمہ: اے اللہ! تو ہمارا کوئی گناہ ایسا نہ بھٹو جسے تو بخش نہ دے، اور نہ کوئی ایسی فکر و پریشانی چھو
جسے تو دور نہ کر دے اور نہ کوئی ایسا قرض جسے تو ادا نہ کر دے اور نہ کوئی دنیا اور آخرت کی
ایسی حاجت جسے تو پورا نہ کر دے، آے سب سے زیادہ رحم کرنے والے۔

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"Dua for Good Health and Victory over your Enemies"

اَللّٰهُمَّ مَتِّعْنِيْ بِسَمْعِيْ وَبَصَرِيْ وَاجْعَلْهُمَا الْوَارِثَ مِنِّيْ وَاَنْصُرْنِيْ
عَلٰى مَنْ يَّظْلِمُنِيْ وَخُذْ مِنْهُ بِشَارِيْ ط (ترمذی، بزار، عن ابی ہریرہ رض)

ترجمہ: اے اللہ! تو مجھ کو میرے کانوں سے اور آنکھوں سے (صحیح) فائدہ پہونچا اور انہی دونوں
رکی منفعتوں) کو میرا وارث (یادگار بنائے) اور جو شخص مجھ پر ظلم کرے اس کے مقابلہ پر
میری مدد فرما، اور اُس سے میرا بدلہ لے۔

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"Dua for Knowledge, Humility, Contentment and Acceptance of duas"

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنْ عِلْمٍ لَا یَنْفَعُ وَمِنْ قَلْبٍ لَا یَخْشَعُ
وَمِنْ نَفْسٍ لَا تَتَّشَبَعُ وَمِنْ دُعَاءٍ لَا یُسْمَعُ ۝ اَللّٰهُمَّ اِنِّیْ
اَعُوْذُ بِكَ مِنْ هَؤُلَاءِ الْاَرْبَعِ ط (نسائی ج ۲، نسائی ج ۲ عن ابن عمر عن ابن عباس)

ترجمہ: اے اللہ! میں تجھ سے پناہ مانگتا ہوں اُس علم سے جو نفع نہ دے، اُس دل سے جس
میں عجز و انکساری نہ ہو اور اُس دعا سے جو (تیری بارگاہ میں) سُنی نہ جائے اور
اس (حریص) نفس سے جس کا کبھی پیٹ نہ بھرے، اے اللہ! میں ان چاروں

(آفتوں) سے تیری پناہ چاہتا ہوں۔ - facebook.com/islamicdua

"Dua for Stronger Iman [Faith], Jannah & Allah's Blessings"

اللَّهُمَّ إِنِّي أَسْأَلُكَ إِيْمَانًا لَا يَرْتَدُّ وَنَعِيْمًا لَا يَنْقُذُ
وَمُرَافَقَةً نَبِيْنَا صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ فِي أَعْلَى دَرَجَةِ
الْجَنَّةِ جَنَّةِ الْخُلْدِ (ماكن نسا، عن ابن مسعود ر)

ترجمہ: اے اللہ! میں تجھ سے ایسا ایمان مانگتا ہوں جو اپنی جگہ سے نہ ہٹے اور ایسی نعمت
مانگتا ہوں جو ختم نہ ہو اور جنت کے اعلیٰ درجہ یعنی جنتِ خلد میں رسول اللہ صلی اللہ
علیہ وسلم کی رفاقت کی درخواست کرتا ہوں۔

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SubhaanAllahi wal-hamdulillahi
wa laa ilaaha illal-laahoo wallahu
akbar wala haola wala quwwata
illa billahil-aliyyil adheem

*"Glory is for Allah and all
praises for Allah and (there is)
none worthy of worship except
Allah and Allah is the greatest
and there is no might or power
except from Allah, the Exalted,
the Great one "*

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کلمہ تحمید

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ
وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ
الْعَلِيِّ الْعَظِيمِ

ترجمہ: اللہ پاک ہے اور سب تعریف اللہ کے لئے ہے اور اللہ کے سوا کوئی
معبود نہیں اور اللہ بہت بڑا ہے۔ گناہوں سے بچنے کی طاقت اور نیکی کرنے کی
توفیق نہیں مگر اللہ کی طرف سے جو بہت بلند عظمت والا ہے۔

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ کی فضیلت اور ثواب

La hawla walaa quwwata illa billah

"There is no might nor any power except with Allah"

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

(۱) حدیث شریف میں آیا ہے کہ :-

یہ کلمہ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ پڑھا کرو اس لیے کہ یہ کلمہ جنت کے

خزانوں میں سے ایک خزانہ ہے۔ (کنز العمال ج ۲ ص ۱۱۲ بخاری ج ۲ ص ۹۳۸ عن ابی موسیٰ الاشعری رض)

(۲) دوسری حدیث میں ہے :-

جنت کے دروازوں میں سے ایک دروازہ ہے۔ (احمد، نسائی، عن معاذ بن جبل رض)

(۳) تیسری حدیث میں ہے :-

جنت (کے درخت) کا ایک پودا ہے۔ (ابن حبان، طبرانی، عن ابی ایوب الانصاری رض)

(۴) اس سے پہلے ایک حدیث میں گزر چکا ہے کہ یہ کلمہ تنانوشے^{۹۹} بیماریوں کی دوا

ہے جن میں سب سے ہلکی بیماری رنج و غم اور فکر و پریشانی ہے (جس کو یہ کلمہ دور کرتا ہے)۔

(حاکم، عن ابی ہریرہ رض)

(۵) ایک اور حدیث میں ہے کہ :-

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For **"Protection & Safety"** from all sorts of **"Accidents"**

Allah humma anta rabbi laa ilaaha illa anta alaika tawakkaltu
wa anta rabbul arshil kareemi ma shaa allahu kaana wamaa
lam yasha `lam yakun wala haula wala quwwata illa billa hil
aliyil azeem a `lamu
annallaha alaa kulli
shayin qadeer wa
annallaha qad ahata
bikulli shayin ilma
Allah humma inni
aao `zubika min
sharri nafsi wa min
sharri kulli daa abba
tin anta aakhizum bi
na siyatihaa inna
rabbi alaa siraatim
mustaqeem

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ عَلَيْكَ تَوَكَّلْتُ وَأَنْتَ رَبُّ
الْعَرْشِ الْكَرِيمِ مَا شَاءَ اللَّهُ كَانَ وَمَا لَمْ يَشَأْ لَمْ يَكُنْ وَلَا
حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ أَعْلَمُ أَنَّ اللَّهَ
عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَأَنَّ اللَّهَ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ
عِلْمًا اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ كُلِّ
دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ

Dua for the BEGINNING of the Salah

«اللهُ أَكْبَرُ كَبِيرًا، اللهُ أَكْبَرُ كَبِيرًا، وَالْحَمْدُ لِلّهِ كَثِيرًا،
وَالْحَمْدُ لِلّهِ كَثِيرًا، وَالْحَمْدُ لِلّهِ كَثِيرًا، وَسُبْحَانَ اللهِ بُكْرَةً وَأَصِيلًا» ثَلَاثًا
«أَعُوذُ بِاللّهِ مِنَ الشَّيْطَانِ : مِنْ نَفْخِهِ، وَنَفْثِهِ، وَهَمَزِهِ»
*Abu Dawud, Muslim
Ibne Majah 1/265*

*Allaahu Akbar kabeera, Allaahu Akbar kabeera, Allaahu Akbar kabeera,
wal hamdulillaahi katheera, wal hamdu lillaahi katheera, wal hamdu lillaahi
katheera, wa Subhan Allaahi bukratan wa aseela—A'uthu billaahi
minash shaitaan : min nafkhihi, wa nafthihi, wa hamzihi*

*Allah is the Greatest, Most Great. Allah is the Greatest, Most Great. Allah is the
Greatest, Most Great. Praise is to Allah, abundantly. Praise is to Allah, abundantly.
Glory is to Allah, at the break of the day and at its end. [Recite 3 times in Arabic]. I
seek refuge in Allah from Satan. From his breath & from his voice and his whisper*

The resident's invocations for the traveler

«أَسْتَوْدِعُ اللَّهَ دِينَكَ، وَأَمَانَتَكَ، وَخَوَاتِيمَ عَمَلِكَ»

**Astawdi'ullaaha deenaka, wa'amaa-
nataka wa khawaateema 'amalika**

*"I leave your religion in the care of
Allah, as well as your safety,
and the last of your deeds"*

(At-Tirmidhi, Ahmad)

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"Dua to get rid of PAIN in your body"

Put your hand on the place where you feel pain and say

Bismillaah (3 times) Translation: "In the name of Allah"

Then say the following dua seven times

A'oothu billaahi wa qudratihi min sharri maa

'ajidu wa 'uhaathiru

I seek refuge in Allah and in His

Power from the evil of what I

find and of what I guard against.

(i)
بِسْمِ اللَّهِ (ثَلَاثًا)

(ii)
أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ
وَأُحَاطِرُ (سَبْعَ مَرَّاتٍ)

Reference

Muslim 4/1728

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Read this dua while "boarding a Plane, Ship or Boat"

بِسْمِ اللَّهِ مَجْرَاهَا وَمُرْسَاهَا إِنَّ رَبِّي لَغَفُورٌ رَحِيمٌ

*Bismi Allahi majraha wamursaha inna rabbee
laghafoorun raheem (Surah Hud, verse 41)*

" In the name of Allah is its course and its anchorage.

Indeed my Lord is forgiving and Merciful "

" This is the dua of Prophet NUH "

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Dua for visiting the sick
"I ask Almighty Allah,
Lord of the Magnificent Throne,
to make you well"

أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ

'As'alullaahal-'Adheema

Rabbal-'Arshil-'Adheemi 'an
yashfiyaka

(Recite seven times in Arabic)

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Dua

for visiting the Sick

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

Laa ba'sa tahoorun

'inshaa' Allaah

Do not worry, it will be a
purification (for you),
Allah willing

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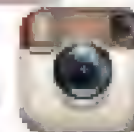
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"Dua for the Cure of EVIL EYE"

بِسْمِ اللّٰهِ اَللّٰهُمَّ اَذْهَبْ حَرَّهَا وَبَرْدَهَا وَوَصَبَهَا

*Bismillaahi Allaahumma azhab harraha wa
bardaha wa wasabaha*

*"In the name of ALLAH. O ALLAH ! Remove the heat
and cold of it [evil eye] and its pain"*

ترجمہ: اللہ کے نام پر، اے اللہ تو اس (نظرِ بد) کے گرم و سرد کو، اور دکھ درد کو دور کر دے
نسائی بطرائی عن جابر بن سید

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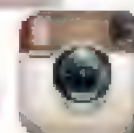
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"Dua for Good Health" [For the Cure of Diseases]

اَللّٰهُمَّ اَذْهِبِ الْبَاسَ رَبَّ النَّاسِ اِشْفِهِ وَاَنْتَ الشّٰفِىُّ لَا شِفَآءَ

اِلَّا شِفَاؤُكَ شِفَاؤُكَ لَا يُغَادِرُ سَقَمًا (بخاری، مسلم عن عائشہ رض)

Allaahumma Az hibil ba'sa rabban-naasi ishfihi wa antash-shaafi

laa shifaa aa illaa shifaaooka shifaaoon la yughaadiru saqamaa

O Allah! Remove the harm, O Lord of mankind! heal this ailment
and You are the One Who heals. There is no healing except Yours,
[Cure]with a healing which does not leave any disease behind

اے اللہ تکلیف کو دور فرما، (اے) لوگوں کے پروردگار اس بیمار کو شفا دے اور تو ہی شفا دینے والا ہے تیری

Bukhaari ,Muslim

narrated by Ayesha -
Radi Allahu anha

شفا کے سوا کوئی شفا نہیں، ایسی شفا دے کہ کوئی بیماری باقی نہ رہنے دے

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Dua for GOOD HEALTH

*Bismillahi arqika, min kulli shay'in
yu'dhika, wa min sharri kulli nafsin aw
'aynin hasidi, Allahu yashfika,
bismillahi arqika*

بِسْمِ اللّٰهِ اَرْقِيْكَ مِنْ كُلِّ شَيْءٍ يُؤْذِيْكَ وَ مِنْ شَرِّ كُلِّ نَفْسٍ
اَوْ عَيْنٍ حَاسِدٍ اللّٰهُ يَشْفِيْكَ بِسْمِ اللّٰهِ اَرْقِيْكَ
اللہ کے نام کے ساتھ میں تجھ پر دم کرتا ہوں ہر اس چیز سے جو تجھے تکلیف دے، اور ہر انسان کے
یا حسد کرنے والی آنکھ کے شر سے اللہ تجھے شفا دے۔ میں اللہ کے نام کے ساتھ تجھ پر دم کرتا ہوں۔
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*"With the Name of Allah. I recite over you (to cleanse you)
from all that troubles you, and from every
harmful mischief and from the evil of the eyes
of an envier. Allah will cure you; and
with the Name of Allah, I recite over you"*

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بَارَكَ اللَّهُ لَكَ ، وَبَارَكَ عَلَيْكَ ،
وَجَمَعَ بَيْنَكُمَا فِي خَيْرٍ -

(مسند ابی داؤد - صحیح ترمذی - صحیح ابن ماجہ)

Baarakallaahu laka, wa baaraka 'alayka, wa jama'a

baynakumaa fee khayrin (Abu Dawud, Ibn Majah and At-Tirmidhi)

*"May Allah bless you, and shower His blessings upon
you, and join you together in goodness."*

اللہ تیرے لیے برکت کرے اور تجھ پر برکت کرے اور تم دونوں کو خیر میں اکٹھا کرے۔

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"Dua for the beginning of the Prayer"

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ ، وَتَبَارَكَ اسْمُكَ ، وَتَعَالَى
جَدُّكَ ، وَلَا إِلَهَ غَيْرُكَ

Al Bukhari 1/181, Muslim

*Subhaanaka Allaahumma wa bi hamdika ,wa
tabaarak-asmuka ,wa ta'aala jadduka wa laa
ilaaha ghairuka*

*Glory is to You Oh Allah ,and praise.Blessed is Your
name and Exalted is Your Majesty. There is none
worthy of worship but You.*

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